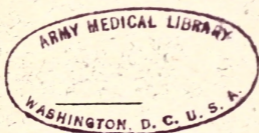


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How to Converse with Spirit Friends

BY
ALEXR. VERNER, F.A.I.P.

*This book will tell you how to communicate with
Spirit Friends, and how to benefit by
the information received*



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Sam
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PREFACE

In dealing with the subject of communicating with spirit friends, the reader should study this little booklet carefully.

Many theories have been put forward to account for the phenomenon of spirit communion, such as Telepathy, Hypnotism, Suggestion, Hallucination, etc. Some investigators have tried to solve the old problem, "If a man die, shall he live again?" and in many cases they have come to the conclusion that this life does not end all.

Many Christians reject instantaneously the idea that man, while living upon this earth, can receive any revelation of the other life.

Yet they believe that Jesus Christ rose again from the dead, and ascended into heaven and sitteth on the right hand of God, the Father Almighty.

The Apostle Paul tells us of six appearances of Christ, viz.: He appeared to Cephas, then to the twelve, then He appeared to above five hundred brethren at once, then to James, then to all the Apostles, and, last of all, as to one born out of time. He appeared to me also. The Apostle is classifying

his own "Vision" of the risen Savior on the road to Damascus.

We, as Spiritualists, have proof based on sound, solid facts to prove that death does not end all, but that it is only a beginning to a larger and fuller life.

This little book is sent forth to the world in the earnest hope that it may help others to a deep faith in the Immortality of the Soul and the possibility of Spirit Communion while still living upon this earth.

ALEXR. VERNER.

CHAPTER I

RELATIONS BETWEEN MIND AND MATTER

Mind is said to be superior to matter, but it requires the assistance of the material to express itself. Now the relation of mind to matter subsists between the being endowed with life and the ultimate molecules of material substance. The individual atoms, thus brought into connection with the living being, are perpetually changing. Fresh molecules are continually brought into this relation, while the old ones are cast off. Thus, also, the number of atoms under the control of any living being is always varying. In the case of man, these changes are accomplished according to certain organic laws; nevertheless, volition enters largely as an element into their operation. In the case of angels, the element of volition may enter more largely into the process, and these beings may be endowed with a faculty of altering, at pleasure, the material molecules, both as regards individuality and number, with which their minds are in immediate relation.

Angels are mentioned in several passages of Scripture, and are said to be the intelligent inhabitants of the various orbs of heaven. The only remaining diffi-

culty is to form a definite conception of the manner in which these beings may execute their missions. But science comes to our aid, and shows us that all ponderable bodies are continually moving through the universal ether with immense speed; consequently, every human mind and every angelic mind is constantly traversing the ether in company with its material organism.

As each individual ultimate of the ether has a fixed position in space, were a living spirit to become associated solely with such an ultimate it would have a similar fixedness of position.

It thus becomes necessary to imagine that the Deity causes the living spirit on its becoming thus limited to pass from ultimate to ultimate of ponderable substance, or, as it traverses the ether in company with the ponderable molecules of its organism, only with far greater speed. Going a step further, we may imagine that, when it becomes needful for any special purpose, they have the power of withdrawing their spirits completely from all connection with the ponderable atoms, and confining their relation to the individual ultimates of the ether. Or we may suppose this operation to be effected by some special divine action, exerted on these angelic beings.

This conception enables the human mind to form a distinct idea of the manner in which a created spirit may pass from orb to orb of the universe. Suppose

an intelligent inhabitant of any of the other planets, say of the morning star, to be commissioned by the Deity to convey a message to an inhabitant of the earth.

The angelic spirit will first become disengaged from all connection with the ponderable atoms of its organism, in virtue either of a voluntary effort, or of a special divine influence. The presence of the living being will thus become limited to an association with one or more ultimates of the elastic ether. His native planet, as it will meanwhile be traversing the ethereal expanse with great velocity, will leave behind it the angelic spirit in a fixed position in the great ocean of ether, and freed from all connection with any ponderable substance whatever.

We may, then, suppose the spirit to be, by a special divine influence exerted on it, transported from ultimate to ultimate of the ether in a manner resembling that in which the impulse travels in the case of a wave of light, and with similar speed. He will thus in a few minutes reach the earth. Here he may again, by a special divine influence, be endowed with power to act on ponderable substance, and to assemble around him a sufficiency of atoms to constitute a temporary organism to all outward appearance resembling the human, perhaps even identical with it in its intimate structure.

He will thus be brought into a condition the fittest

for enabling him to discharge his commission. His message delivered, he may again dissolve his connection with ponderable matter, dissipating his temporary organism, and restricting himself to the ultimates of the ether. He will thus be able to return to his own abode, there to resume the organism fitted to the physical peculiarities of the planet in which he dwells; while that organism may, in the interval, have presented the appearance of a body in a state of suspended animation.

There is in this hypothesis nothing from which human reason can recoil. It is a fair case of analogical argument, and lies quite as much within the bounds of probability as many others with which the human intellect is content to rest satisfied when certain knowledge is unattainable.

There is thus nothing *irrational* in the idea that the inhabitants of other worlds may be occasionally commissioned to visit this earth on errands of love and mercy, in cases where some great moral end is to be attained by such a method of accomplishing the divine purposes.

We believe there are millions of heavens, inhabited by intelligent beings, all capable of rendering a rational and willing obedience to their Creator, of admiring His works, revering His wisdom, and adoring His goodness.

We are left free to imagine that into many of the

numerous globes inhabited by these beings moral evil has never found its way, and that, consequently, their inhabitants are as pure and holy as they are intelligent ; we may believe that in all such worlds the Deity manifests His immediate presence, and holds direct intercourse with His intelligent creatures. Finally, we may indulge the delightful hope that this earth will, at some future period, become itself a moral heaven, in which the righteous shall dwell for ever, and that our globe will, like the other heavenly orbs, of which it is one, be then blessed by a special manifestation of the divine presence, in virtue of which God will maintain with man such an immediate intercourse as he now holds with the angels. In this manner may be fulfilled the prophecy that "the meek shall then inherit the earth, and delight themselves in the abundance of peace."



PERSONAL DEVELOPMENT
A Star, a Face, and a Spirit Form

CHAPTER II

PERSONAL DEVELOPMENT

Many persons object to attending a circle to develop their psychic powers, and I have often been asked, "How can I develop mediumistic power?" My answer is this: If you want to develop individually and privately, choose a room that you can have for yourself (a small room is the best, but a medium-sized one will do as well); then procure a chair and a small table with three or four legs; place your hands on the table, palms downward, and concentrate your mind on the table, and put yourself in a passive mood; and take notice if you hear any "raps" or "taps" on the table. You must take particular notice of any sound that may be heard.

In a short time a peculiar magnetic vibration will be felt; that, as a rule, gives warning that there is a spirit present, and, after several minutes have elapsed, the sitter should address the table just the same as if he were speaking to an individual. He should give the communicating spirit certain rules to work by when answering questions, such as three raps or tilts to mean "yes;" one rap or tilt to mean "no;" two raps

to mean "doubtful;" and four raps or tilts to mean "good-night." You may then put a question to the spirit, and see what answer you get, and note it down a memorandum book.

Sometimes the spirit will tell his name by means of the table. In that case the medium should repeat the alphabet slowly, beginning with A B C, etc., and in a short time the name will be spelt in full, such as "William Jones." Then various queries may be put, and as a rule they are answered in a reliable manner.

The sittings ought to take place at regular times, such as from seven to eight o'clock in the evening, or any other time to suit the convenience of the investigator. Once or twice a week will be sufficient to sit for development; it just depends upon the amount of time that can be spared; but by all means sit at regular times.

STARS, FACES AND SPIRIT FORMS

While the sitter is engaged with his hands on the table it will be the best to gaze steadily around the room, looking in an upward direction towards the ceiling. Sometimes a bright star will appear and float around the room, and finally disappear; sometimes colored lights will be noticed gliding about. A good gaze should be kept on these, for it shows there are spirit friends present, but it takes a time before they

can materialize and show themselves; it all depends upon the development of the sitter, and also on the aura of the room. It takes time to get the atmosphere of the room suitable. A dark room or cabinet is the best, with a subdued light. A small light will do to start with; then it can be diminished or enlarged to suit the medium. The temperature of the room should be about 60 degrees F. If a bright star is noticed you must stare at it, and you will see it develop into a face, and very often it will go into a full spirit form. You must take particular notice, and see if you can recognize it; the spirit is always better satisfied if it is recognized. Do not be afraid, or the spirit will vanish, and you will not receive a message.

SPIRIT MINISTRANTS

I.

All around are spirit creatures,
Unobserved by mortal eyes,
Who would be our guides and teachers,
Were we not so worldly-wise;
They would lead to joys elysian:
They are seen by spirit vision.

2.

They have knowledge we are needing;
They behold what we can't see;

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They are anxious to be leading
 Us to light and liberty,
 But our passions interfere,
 And our loved ones can't come near.

3.

We repel them; and they pity
 Us, and wish we had more sense.
 If we could but see the pretty
 Creatures, we are driving hence
 With our rancor, we would never
 Deem ourselves so good and clever.

4.

The All-Father, God of Heaven,
 Will become the God of Earth,
 If unto His saints be given
 The attention they are worth:
 We shall worship God in spirit
 When we give the angels merit.

5.

Merit that they are deserving
 As the Lord's true ministers;
 The All-Father they are serving
 And would save us from all sin
 God's best influence can reach
 Through His angels: let them

CHAPTER III

ELEMENTALS

Elementals are very often seen by clairvoyants in the shape of insects, flowers, animals, and also inanimate objects. Sometimes an elementary form is seen with a living person, and sometimes alone.

A medical friend of mine has seen a number of elementals. On one occasion he was returning home one Sunday night, when it began to rain, so he took shelter in a passage leading to some shops. Other people began to gather in the passage, and when he had been there a few minutes he turned round, and he noticed an elemental form in the shape of a large white cat. It was standing on a gentleman's shoulder, and it began to stretch up, and then it disappeared. On returning home he mentioned it to his wife. He knew the gentleman by sight, and he said it was a bad sign; whenever he had seen that, it was always a sure sign of death. He took a note of it, and the man passed on to the higher life fourteen days after.

A lady friend of mine generally sees large black insects, resembling beetles, when there is serious trouble at hand.

I have seen wedding rings on young ladies' fingers, and when I have taken a second look they have had no wedding ring on; that is always a sure clairvoyant sign that she will have an early marriage. In some cases I have noticed the person has not been engaged, and she has had no thought of marriage.

On another occasion I saw a policeman with three stripes on his arm. When I looked again he had no stripes on. I know him, but I did not speak to him about it. Very soon afterward he was promoted to a sergeant.

I have also seen rats, cats, dogs, and large animals with people.

It is generally a good sign to see a horse or a dog with an individual, but it is always bad to see cats, rats, mice, or insects. To see herbs, leaves, or flowers clairvoyantly with a person generally denotes sickness.

HOW TO PROCURE THE ASTRAL FORM OF A PLANT

To procure the astral or spirit form of a plant the following is a good method:

“Take any whole herb or flower with its roots, make it very clean, and bruise it very small in a stone mortar; then put it in a glass vessel hermetically sealed, but be sure the vessel is half empty. Then place it for putrefication in a gentle heat in a dung heap not more than blood warm for six months, by which it will be

all resolved into water. Take this water and pour it into a glass retort, and place a receiver thereunto, the joint of which must be well closed; distil it in a sand heat, until there comes forth water and oil. In the upper part of the vessel will hang a volatile salt. Separate the oil from the water, keep it by itself, and with the water purify the volatile salt by dissolving, filtering, and coagulating. When the salt is thus purified, imbibe it with the said oil until it is well combined. Then digest them for a month hermetically sealed. By these means will be obtained a most subtle essence, which, being held over the gentle heat of a candle, the soul or spirit of a plant will fly up into the glass where it is confined, and represent the perfect idea or similitude of that plant whereof it is the essence; and in this manner will that thin substance, which is like impalpable ashes or salt, send forth from the bottom of the glass the manifest form of whatever herb it is the menstrum in perfect vegetation, growing by little and little, and putting on so fully the form of stalks, leaves, and flowers in full and perfect appearance that anyone would believe the same to be natural and corporeal, though at the same time it is nothing more than the spiritual idea endued with spiritual essence.

“This shadowed figure, as soon as the vessel is taken from the heat or candle, returns to its own ashes again,

and, vanishing away like an apparition, becomes a chaos or confused matter."

"All heal, male fern, and fox glove, etc., are very good herbs to experiment with."

CHAPTER IV

APPARITIONS

Apparitions have appeared from time to time in various places—in the residences of the rich as well as the poor—and a great many weird stories have been published in connection with the phenomena, but very few books can give any useful account of such. In this lesson I intend to deal with the phenomena in a scientific and useful way.

Apparitions appear very vividly in the day-time as well as in the night. People that possess the faculty of clairvoyance can see them very plainly, and in most cases they can describe them very minutely.

Apparitions appear in the shape of men, women, and children, as well as animals.

It is a good sign generally to see a bright spirit.

If ever you see an apparition it is always the best to speak to it in a loud voice, and see if you can get any message or answer. Sometimes the spirit will try and explain the message by making gestures; in that case very great attention should be paid to the communication. At times voices will be heard, but you will not be able to see anyone present. If you have the faculty

of "Clairaudience" (which means clear hearing) well developed, you will be able to receive messages quite easily. It is a bad thing to be afraid of a spirit friend, because you will not get any useful information.

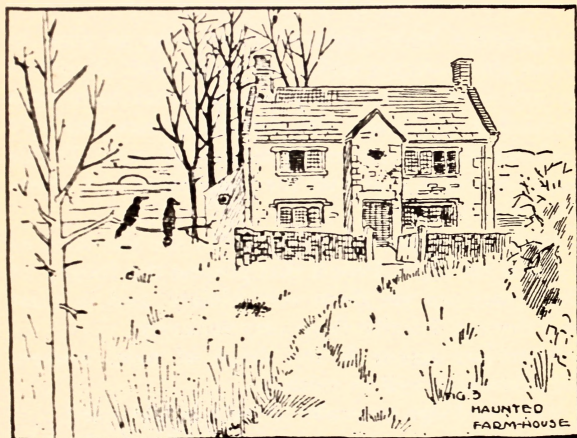


PLATE II

If you get a message for anyone it is always best to tell them as soon as you have received it, especially if it is a warning that something is going to happen. They very often appear if there is going to be sickness or death, also accidents, etc. A very large number of

calamities could be averted if more notice were taken of the warnings.

In Plate II we see the drawing of a farm-house. I was engaged to visit that place for the purpose of finding some papers and deeds. It was supposed to be haunted. When I got there I was quite surprised, for it was a beautiful place, and an old man and woman occupied it, along with their farm servants. The lady that gave me the case to work out was a medium herself, and she said if she had her rights she ought to own the farm along with five others, as well as a large tract of land and a coal mine. Just as I arrived at the farm I noticed two black birds (see illustration). I told the lady that it was a bad sign to see those birds, and I got a message that the old man and woman at the farm would both die very suddenly. She seemed rather surprised, but, nevertheless they both died as I predicted, and the farm has never been tenanted since. All the farms have since been sold. We had a private sitting, and I conversed with two spirit friends, both men. They told me that it was a case of robbery, and that a lawyer's wife had got the deeds under false pretences, but they assured me that it would never do them any good. I have investigated quite a number of cases, with fairly good results.

An apparition of a person that has been murdered, very often haunts the place where the tragedy oc-

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curred. In that case it is a good plan to pray for the spirit friend.

Apparitions of suicides can be benefited by prayer. It is the best to speak to them and tell them to obey your orders, and that you will do your best for them by praying.

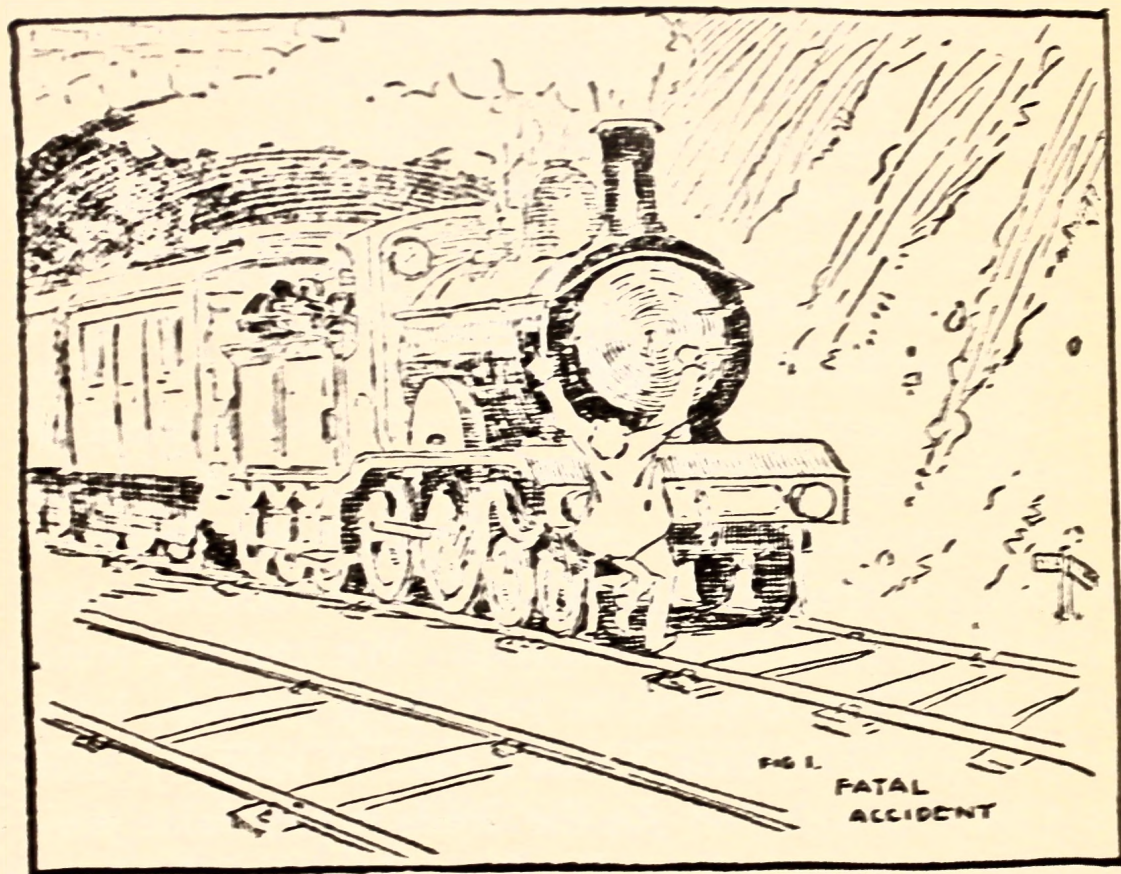


PLATE III

PREMONITIONS

Premonitions or warnings from spirit friends take place very frequently to people of a sensitive nature.

but it is very seldom the recipient takes any notice of them. That is a great mistake. I have investigated quite a number of cases, and I have come to the conclusion that in the majority of cases the premonition has had some truth in it, and, if it had been wisely acted upon, a great deal of trouble and suffering would have been avoided.

In the month of September, 1917, a lady had a premonition and a vision that her little boy would fall out of a railway train. She says she thought no more about it. But the next day they were returning from a seaside holiday, and, strange to say, the little boy (aged four) fell out of the carriage door when about twenty miles from where they started. A gentleman that was in the carriage pulled the communication cord, and the train was stopped. The little boy was not killed, but he suffered from concussion of the brain, and had to be conveyed back to a hospital. He has almost recovered now from the terrible experience.

In the above case the mother ought to have taken greater care. I had an interview with her, and she said she could not account for the accident. She had the warning the previous night, and for about two weeks prior to the accident she felt a spirit friend (an old man) trying to pull her back by the shoulder. I presume the guide did not want her to go the journey.

I have no doubt my readers have heard or witnessed a number of cases similar to the above. In a case like

that it costs nothing to be very cautious for a few days. If you have a very vivid impression that something serious is about to happen you must take a note of it, and see how it turns out, and in the meantime if you can warn any person that you think it concerns you must lose no time in doing so, for it might be to their advantage.

In Plate III there is depicted a man being killed with an engine. It was a very sad case. A lady came to me and said her brother had been killed by being knocked down by an engine, and she wanted to know if he had committed suicide or not. I held a special sitting, and I got a message that it had been done accidentally, which relieved the lady's mind. It seems her brother had been very unsettled for some time through a love affair, but I told her it had nothing to do with the accident, so she seemed better satisfied.

CHAPTER V

GUIDES

When a medium goes under control a guide generally takes possession, and some very wonderful things can be told, both by speaking, writing, or making gestures. Everything should be noted down, such as a speech, or advice, or any gestures, and someone present should try and interpret the gestures. Sometimes the medium will act as if counting money, or writing, or fighting, or he may look in great distress or trouble. At other times the medium will impersonate someone that you know that has passed on to the higher life. You may then put a question to the controlling spirit, and take particular notice what answer you get. In that case he will speak and act just like the person that has passed on. Sometimes the medium will make a noise like an engine; that generally denotes a train journey. Sometimes like a ship rolling, which signifies a voyage for someone present. At some sittings he might imitate rolling up papers, such as wills, deeds, etc. All these signs are very important, and will be found truthful and reliable.

Indian guides very often come to mediums that are

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just developing. The reason for that is because an Indian is a rather low type of the human race, and his decarnate mind is not much above the ordinary



PLATE IV

carnate mind of the average individual; therefore he can reach it easily.

I have a North American Indian medicine man for one of my guides, and he has been a great help to me in my medical practice (see illustration).

Men and women very often come as guides, but children are the best, for they are the most truthful.

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It is not wise to let too many guides take possession, because you may get a bad guide. There are bad spirits as well as good ones. If ever you suspect a bad spirit you must live a good spiritual life. A bad spirit does not like a good person. You ought to stick to one or two good, honest, truthful guides, and then better results will be obtained. Foreign guides very often come, and they speak in their own language. In that case it is very difficult to understand them, but you must always take notice of their movements or gestures. If a bad guide insists upon controlling you, it will be the best to order him away.

CHAPTER VI

TELEPATHY VERSUS SPIRIT AGENCY

A great deal has been written on the subject of Telepathy (or transmission of thought from one mind to another), and some people think that it can account for everything in relation to the phenomenon of Spiritualism, but I will try and prove that Telepathy has its limits.

In the first place I believe in Telepathy, and I have proved it to be a fact; but in the performance of a telepathic experiment it takes two or more persons. I will divide Telepathy into two classes—Conscious (as when we know that we are going to have an experiment) and Unconscious (when we are not aware of any communication), such as when we want to hear from a particular friend that may be ill a distance away.

We see, in a physical sense, the wonderful things accomplished by Signor Marconi's wireless telegraphy, transmitting messages over land and sea, through the medium of the ether; but look how superior mind is to matter. We are only just beginning to know something about the mind.

To prove the difference between Telepathy and Spirit Agency I will quote two cases.

I. A lady friend of mine had a brother that was going to the West Coast of Africa on trading business

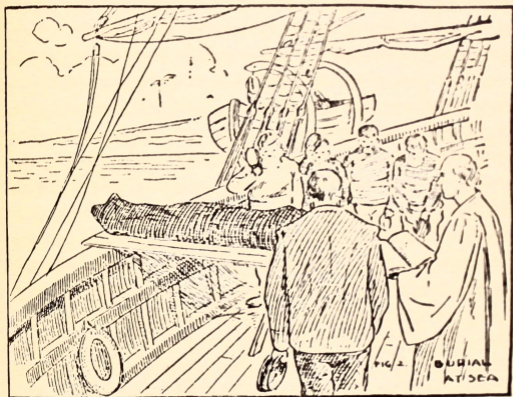


PLATE V

with the natives. He had been there before, and made a lot of money. About a week before he set sail she had a vision that the ship was disabled, and it so strongly impressed her that she told him about it, but he only laughed; but it came true. Something went

wrong with the engines, and it was delayed a few days. After he had set sail she had another vision that he was sick, and that he would die and be buried at sea. She came to me, and asked my advice in the matter, so I told her to tell his wife, which she ultimately did. She also told her parents, but they only ridiculed her, and said she was superstitious, but, nevertheless, it came only too true. He was buried at sea two days before he should have landed (see illustration). In that case it could not be Telepathy, because she got the information from spirit friends on the other side, a month before it actually happened.

II. In 1898, while I was furthering my studies in America (I was in New York at the time), and one Thursday night a student that was interested in Spiritualism invited a number of fellow students to attend a private circle at Brooklyn. We arrived about 7:30 p. m., and there were two mediums, a gentleman and his wife. His wife was a long time in going under control, but she told some very wonderful things to various members of the company. She told me that I would pass my examination, and that I would get back safe to England, and that I would make a lot of money. (I am pleased to say it has all come true.) Later in the evening the gentleman went under control, and he picked me out, and said he had a message for me. I asked him what it was, and he said: "The man you have left in charge of your business in England has

passed on." I said, "Nonsense; I only received a letter from him this week, and he says things are going on all right." I thought no more about it, but I had a vision; but the spirit could not tell me anything, so I let things take a natural course. But, nevertheless, it was only too true what the medium said. My manager was killed on the Tuesday morning, as the medium told me on Thursday night. That could not be Telepathy, because no one knew about it. I believe it was communicated by a spirit friend to the medium, and then to myself.

There is a lot of truth in Telepathy, but it does not go far enough to explain away the mysteries of Spirit Agency.

CHAPTER VII

DEATH SIGNS

Most people that have reached middle age have generally experienced some strange phenomena before a death has taken place. Some have heard noises like a cannon going off; others have heard sounds like the ticking of a watch; or loud knocks at the door; birds singing; loud knocks about the room or on the table; candle lights that have gradually dissolved; cups and saucers shaking, and various articles of crockery moving and breaking; sounds of music in the distance; also dreaming about some friend or relation that has passed on to the higher life; pictures falling, and heavy articles of furniture, such as pianofortes, being moved out of their place; the falling of stars and meteoric bodies from the sky; ravens taking rest on the tops of houses; birds and animals making strange and unusual noises; dogs howling in front of a house; and a number of other things. Some people can tell almost to a day when there is going to be a death, because they have experienced the same phenomena before. In some cases there will be a sign of death about a week before it takes place; others will per-

ceive the sign a few days before or on the same day. It all depends upon the development of the recipient. Some people are more sensitive than others. They are organized differently. As a rule they have a very fine brain and nervous system; they are more feeling.

Because some persons are not sensitive, and cannot get any impression of death or other phenomena, it does not follow that no one else can.

In the late South African War, I received twenty-three death impressions from persons that came to consult me in regard to their friends and relations that were fighting in the war, and in every case the man was killed. I saw two very plainly, "clairvoyantly," shot off their horses; others I saw lying on the ground dying. It was a very sad time for me, and I was glad when it was over.

CONCLUSION

I will conclude by relating a few cases that I have witnessed myself, and in each case the sign of death has presented itself a few days before it actually took place.

I. The first I noticed was a large black dog piteously howling in front of a neighbor's door. I made a note of it: it was Wednesday and on Friday the master of the house was hurt at his work: he had

both thighs broken, and was badly crushed as well. He died on the Sunday following.

II. On May 29, 1881, I noticed a large dog howling at our front door. My father was ill at the time, so I made the dog go away, but it kept coming at times, both day and night. I was afraid of saying anything to my father about it, because he was strongly opposed to any kind of superstition, as he used to call it, but on Friday, June 3rd, I mustered up courage, and asked him what it was a sign of—I knew it was a sign of death—but he was rather slow at answering my question: he had heard the dog then for about six days. At length he said he could not account for it; but he passed away on the Saturday, June 4, 1881. That was another proof to me. I was twelve years old at the time.

III. In 1916 I was staying at a seaport for my holidays, and I noticed another dog howling in the same manner as the others. The landlady was rather upset about it, and she asked me if I understood what it meant. I told her that whenever I had experienced that kind of phenomenon that it was a sign of death. She said no more about it, but the following week one of her boarders (a gentleman) died: he was in good health a week before he passed away.

IV. One night, I was returning home from my office, when I saw a large sable collie dog howling at the door of a doctor's surgery. I thought to myself

that it would be a sign of one of his patients that would be passing on, so I thought no more about it, but in about a week after, the doctor's nephew, who had been operated upon, died: he was a boy about six years old: he had come from a foreign country to be operated upon by his uncle. I could quote over two hundred cases, but the above will suffice.

I have experimented upon a large number of dogs, cats, rabbits, etc., with various kinds of musical instruments, viz., flute, cornet, banjo, piano, mandoline, 'cello, violin, German concertina, and melodeon. I have got the best results with the violin and concertina. The dogs that have been most susceptible are—black retrievers, sheep dogs, water spaniels, and fox terriers. The sound waves must affect them on their auditory nerves (nerves of hearing), but in the signs of death that I have quoted, the dogs must have seen some image clairvoyantly that has caused them to make such a groaning, howling noise. In that great work, "The Descent of Man," by Charles Darwin, page 113. we read: "As dogs, cats, horses, and probably all the higher animals, even birds, have vivid dreams, and this is shown by their movements and the sounds uttered, we must admit that they possess some power of imagination."

There must be something special which causes dogs to howl in the night, and especially during moonlight, in that remarkable and melancholy manner called bay-

ing. All dogs do not do so, and, according to Huxley, they do not then look at the moon, but at some fixed point near the horizon.

Also, on page 144 of the same book, we read: "The tendency in savages to imagine that natural objects and agencies are animated by spiritual or living essences, is perhaps illustrated by a little fact which I once noticed. My dog, a full grown and very sensible animal, was lying on the lawn during a hot and still day, but at a little distance a slight breeze occasionally moved an open parasol, which would have been wholly disregarded by the dog had anyone stood near it. As it was, every time that the parasol slightly moved the dog growled fiercely and barked. He must, I think, have reasoned to himself in a rapid and unconscious manner that movement without any apparent cause indicated the presence of some strange living agent and that no stranger had a right to be on his territory."

There is plenty of room for investigation and search in the realm of animal psychology and psychical research, but very little attention has been paid so far. Animals must have souls just as well as human beings.

Vol. 4 (Complete).

CLAIRVOYANCE AND CRYSTAL GAZING.

As St. Paul writes out, man has a natural for material body and a spiritual body. There are also a material world and a spiritual world. At death the natural body leaves the material world and goes to the spiritual world.

With the eye, we can only see material things. To see the spiritual world we must exercise the spiritual sight. Seeing spiritual things with the spiritual sight is called Clairvoyance (or "Inward Sight").

You can, if you choose, cultivate your Clairvoyant faculty. If you do, you will be able to see places and persons in the spiritual world. You will be able to speak to your friends people in spirit life that they have known here.

Further, you will be able to see what is going on at a distance in this world. You will also be able to see into the past and the future. You will be able to gain information, and to give advice, of the utmost value. You will be able to see hidden treasures; to find lost friends, relatives, and property; and so on.

When Clairvoyance can also be often developed Clairaudience (or spiritual hearing).

Crystal Gazing means looking into a crystal (a glass egg) or into something else of a like kind. If you have developed the faculty, you will, after a short time see some pictures in what you are looking into, a picture. These pictures will in all probability bear reference to the past, present, or future either of yourself or of the person for whom you are practicing. Presently the picture will dissolve and disappear, when another will take its place; and so on.

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These are questions that have agitated the minds of millions.

"TABLE RAPPING AND AUTOMATIC WRITING" answers the questions in the affirmative. Not only does it tell you how you can answer them in the affirmative. It tells you how you can prove that there is another life, and how you can make up communication with those that dwell therein. To the Materialist it says "Good-bye to materialism. You demand evidence—here it is."

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Qui legit regit ("Books make us masters").
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A Psychometrist (pronounced "Si-com-et-rist") is a person able to see these scenes, hear these sounds, read these thoughts, and "sense" these feelings. If, therefore, a lock of hair, a letter, a pocket-knife, etc., belonging to a stranger, be handed to a Psychometrist, the Psychometrist will be able to understand all about the person's past, present, and future,—about their character, disposition, health, surroundings, capabilities, friends, love, marriage, business, etc.

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