

Realizing Prosperity

by

**Franklin Fillmore
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by
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Introduction By The Editor

You are about to read a far more valuable book than you may have realized when you decided read this book. It contains knowledge and information intended to give you a higher understanding of the laws of life. It is my desire that you not only read it and take the time to reflect on what it is saying, as you read it, but in mediation as well, but that you also re-read it every so often, as it will continue to reveal more with each reading. One reading, as with all metaphysical books, isn't going to reveal to the reader all that it contains.

How does one reach out to the reader and express that they are not just reading any old book, but an all time classic in metaphysical literature? A book that contains knowledge to give you a higher understanding of the laws of mind so that you can apply them and get actual results, that will change your life for the better.

Having read this book several times I came to the realization that it contained a little more than the average metaphysical book. It contains information on the laws of mind that every book does not contain.

It is a great companion book to all your other favorite metaphysical books.

David Allen

Foreword

As STUDENTS of LIFE, we are seeking a method by means of which we can attain more GOOD. What we all want is to eliminate friction and anxiety. We desire health of body, peace of mind, and success in all of our affairs. This is possible through the harmonious adjustment of the mind to the outer and inner realm.

The fear and worry of life can be banished in no other way than by Understanding. To become enlightened and to realize the Truth is to find your Self-reliance increased. "Understanding," in the sense in which I am using the word, includes our individual relationship to the universal Reality. The moment we look upon the Universe as the WHOLE, of which we are a part, we feel an alliance with a friendly Power.

The Universe is not a foe to be conquered, but a friend to be understood.

Franklin Fillmore Farrington

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Lesson I - The Universal Mind

The subject matter contained in these five lessons is of great value because it is scientific and practical — therefore, demonstrable. It covers a wide field of investigation and experiment. It is not theory but fact. I am certain, after years of patient endeavor in research work along material, scientific and metaphysical lines of thought, that I have at last found the "Principle of Demonstration." All life and its activities are based on law. No time is misspent when devoted to the understanding of the principle.

We know that history records this fact — that while humanity has struggled under great stress and strain to eke out an existence, in every age there have been men and women who have been able to do great things easily and demonstrate every step of the way. They seemed to have almost constant contact with universal Mind. Christ was such a soul. He lived without the strain and struggle of his time. He demonstrated Health, Supply and Happiness because he understood the Law.

You must know something of Mind and the manner in which it operates. It is also very essential from the natural science point of view that you understand the world in which you live and with which you are in almost constant contact. In the understanding of this, it will be necessary for you, by the process of elimination, to arrive at a clear and definite conclusion concerning things. Under this classification of propositions you must eliminate the belief in matter and the belief in time and space.

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Following is a brief discussion of the phases of consciousness:

1. The three planes of consciousness and the Self.

Outline:

Conscious Mind
Subjective Mind
Subconscious Mind
"I AM" — Self

First there is the conscious mind; then the subjective mind; then the subconscious mind and finally the Self or "I AM." The first is the ordinary consciousness or objective mind which we use day by day; that part of Mind of which we are cognizant; with which we commonly think; which we use and are conscious of using in ordinary states.

The subjective mind is the twilight zone between the objective and the subconscious. It is this state of consciousness in which the individual functions when he is neither awake nor asleep. People live in this consciousness too much; they are not thinking from the deeper part of Mind — neither do they seem to use even the objective or reasoning mind. They are said to be "asleep."

Although they are both open to suggestion, one great difference between the subjective mind and the subconscious mind is to be noted, namely, the subconscious mind creates and objectifies all that it believes; the subjective mind does not. Since the subconscious is the creative mind it begins to work out forms in the visible world, according to the patterns given it by the Self.

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If the subconscious mind received all the impressions of the objective mind and created them, what a confusion we would have! If all the false beliefs regarding sickness, and all the false ideas of lack were to be received in the subconscious mind, man would live in constant poverty while here and pass on not having learned the Truth.

If you will look at the outline previously given, you will understand the point which I now present. The subjective mind acts as an insulation, keeping out false ideas and thoughts of error from the subconscious — with this exception, however — if there is great fear or fright the suggestion goes through and registers in the subconscious. To make this plain let me give you an illustration. If a block of metal were charged with positive electricity and were placed on a similar block charged with negative electricity, the negative block would be charged. However, if there were a sheet of rubber between these blocks, acting as an insulator, it would not receive the current, unless the positive block were highly charged.

People do not really desire things enough or their positive suggestions would come through the subconscious where they would register and bring forth results. Mind in all its activities is the instrument of the Self. In the outline the short line under the subconscious mind represents the real Self — the "I AM." Man is therefore a threefold being. He is body, Soul and Spirit. "I AM" is Spirit; Soul is Mind (subconscious, subjective and conscious) and body is the visible manifestation of Self produced by Mind. The proper way of thinking and speaking is from the "I AM" consciousness or from the center to the surface; from reality to appearance; from cause to effect. When one says "I AM — perfect," or "I AM — success," with the

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understanding which he gains in the Silence, he demonstrates in the world of visibility.

A very helpful illustration is that of the iceberg. It is said that most of Mind (nine-tenths), like the iceberg, is submerged. Just because you cannot see yourself does not mean that you do not exist. An iceberg is often seen floating against the current. This is explained by what I have just said — that it is nine-tenths submerged. One-tenth is seen in the current flowing north but it is buried so far down that nine-tenths of it is in another current going in the opposite direction. Many people are able to go against the current of events, and succeed. They are called the strong souls. They are strong, however, because they understand that they are not the visible man but the invisible "I AM."

I frequently use the term "short circuit." Many people do short circuit themselves by thinking one thing to be true and then declaring with their lips that the opposite is true. I have often known people to think this truth, "I AM — well and strong," and then follow it almost immediately with words like these, "I don't feel very well," or "I am sick today." When a man thinks, "I AM — Success" (remember the "I AM" is always Success), he must always let his speech correspond with his thought, so that he does not neutralize the power of his constructive thinking.

In these days when wireless telegraphy and telephones are so common, it does not seem necessary for me to prove this point — that we are all in touch with each other by Mind. Many students make the mistake of saying minds when there is only one. It is very important that this point be clear. If you are in a room where there are three hundred people, do not say that there are three hundred minds to deal with. There is

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only one Mind, but in that room there are three hundred manifestations of Mind. We do not say that you have "a air" and I have "a air" or that a fish has "a water." There is one great body of water in which all the fishes live; one air which we all breathe; one Mind of which we are all a part.

If you will think of the ocean as Mind and all the waves as individual expressions of Mind you will see my point. As the waves are a part of the ocean and are all in touch with each other, so are we in Mind and in touch with people subconsciously. Thought transference is accomplished by this realization.

I want to make the "I AM" very plain so that whenever you speak these mystical words, you will do so with understanding. The "I AM" is the end of man's spiritual search. If man thinks that the "I AM" is the personal self he is in error and will receive negative results. However, when he realizes that the "I AM" is the Impersonal Self of All and in All, he is rewarded by positive results.

You are undoubtedly convinced that there is a first Cause or Universal Energy. It is Omnipotent, Omnipresent and Omniscient. This Universal Energy moves the planets in their courses; causes the sun to shine; is the Energy responsible for the tides' ebb and flow; it is the pulsating beat in the heart of all things. It is the life of the lilies of the field that grow without struggle; the texture, color and material of the grass of the field. It is the Life, Power and Intelligence of man. It is "All and in All" It is "that something." From the earliest time man named it "I AM".

Now pause for a few moments and think over this wonderful fact — All the Energy in the Universe is "I AM"; all the "I AM" in the Universe is Success. It was

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Moses who realized his oneness with this power when, as stated in the third chapter of Exodus, he became fully conscious of — "I AM" that "I AM." "I AM" is impersonal and since Man is that "I AM," Man is impersonal and is always one with this omnipotent, omnipresent, omniscient Power.

"I AM" is Success. Success is "I AM." "I AM" the "I AM." "I AM" — Success.

This is the meaning of the fourth line — "I AM" — Self. It is the God within who is Success, for "I AM" was the original Idea of God.

With these introductory remarks, I shall begin to show you that if you are going to demonstrate your abundant supply you must have the consciousness of that supply. You have not had the consciousness because you have not had the understanding.

Health, Wealth or Happiness is a matter of consciousness. That which you are conscious of, you are and have. If you know Truth you have Truth; if you are conscious of error you entertain a belief in evil. In the past, the first has been called health, prosperity, happiness — heaven — the second has been called disease, death, poverty and discord — hell. Both states are not places but states of consciousness.

It is the "consciousness" of Abundance that man needs in order to attract Abundance unto him. In these lessons you will be given a clear explanation of the term "consciousness." Man cannot possess more in the visible world than he is conscious of in the invisible world or realm of Mind. I may have ten thousand dollars in the bank, payable only when my name is presented, but if I am not conscious that it is there, of what

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practical use will it be to me? These lessons will positively give one the "consciousness" of abundant Substance, and in this consciousness man makes manifest in the visible world.

"All things begin in Mind, are brought forth by thought and are worked out in word and deed." One's mental attitude is a very important factor in demonstrating. No amount of effort and energy spent in suggestion, without perfect understanding, will avail. "To him that hath [understanding] shall be given; to him that hath not [understanding] shall be taken away even that which he hath."

I believe you should understand that "thoughts are things" and "things are thoughts"; that physical energy is caused by Mind and that atoms are formed by Intelligence; that matter and electricity are synonymous terms.

The realization of God is the secret of all demonstration. God is Life, Light, Love, Truth and Mind. It is one thing for you to say that you believe in God, but it is quite another matter for you to realize God. The scientific understanding of Life, Love and Truth will enable one to have scientific demonstrations. One must realize that God is Omnipresence. When we speak of the universal Mind, we mean that Mind and its activity is universal. Tolstoy said: "The trouble with this age is that it has lost the sense of God." Every nation that has gone down from its wonderful golden age into the dust of failure, has gone down because of material thoughts and words; because it lost its idealism and was submerged in material beliefs. We have been great believers in God, but we have not had the realization.

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There is a power that completely fills the universe in which we "live and move and have our being," and that power is God; not a personal God — one who sits on a throne that is in a material heaven — God is Love, Life, Truth, Mind, Spirit and Intelligence. "Closer is He than breathing, and nearer than hands and feet." You cannot expect demonstrations unless you comprehend the Omnipresence of God. If you say that Mind is in one place and not in another, you have a hole in your universe and into that opening you put your beliefs in sickness and failure.

If you believe that the whole universe is filled with this Principle, Mind, Life, Truth and Love — God — then you can realize that you walk in God, live in God and that your very being is in this omnipresent Mind. Therefore, the Omnipresence of God means there can be no lack of strength, because there is no place where God is not; no lack of money or success, because there is no place where God is not. This wonderful Mind-Intelligence — which is in you and about you, fills the whole universe as the waters cover the sea. You must believe in more than you can see. You cannot see gravitation, air or electricity, but you can see the manifestation of these.

First of all, let us define Mind. Mind is thinking Substance — not the Substance by which we think, but Substance that thinks. It works by law and is omnipresent. Mind is something. There is more evidence of Mind than there is of matter. I am in this thinking Substance called Mind and I cannot move any part of my body without moving it by and through this wonderful something. "This something" surrounds us. I am walking through it, thinking into it and it thus registers the vibrations of every thought and word. As you think into this Substance, it is transformed ; not changed, but transformed.

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Remember, as you think so do you receive. If you think negatively you will receive negative results. When they come to you in the form of failure, sickness, trouble, disappointment and hatred, do not complain — it is what you prayed for, for thought is prayer. Change your thinking — your thoughts. People complain of their ill luck and do not seem to realize that they bring it upon themselves. They speak into this universal Substance and form it and it returns to them. "Ask and ye shall receive." Ask positively and ye shall receive positively. It is according to your word — this you must realize.

This room is not filled with air. It is filled with that thinking Substance and as you think into it and speak into it, it vibrates. As you cause it to vibrate, you bring it into form. No one else in the universe is responsible for my good or evil but myself, and instead of blaming fate for conditions, I should "treat" myself and analyze my consciousness. Then I shall discover that I have been thinking and speaking the thing which I have not desired in form. Every thought that goes from your brain is a vibration and brings its results negatively or positively. You cannot say one word without having it register in this universal thinking Substance which we call Mind.

The great Teacher said, "Man shall give an account for every idle word that he speaks." Your day of judgment is now, and at this very time you may be having to face your own thoughts in the form of flesh and blood. "The word became flesh." I can speak my body into a state of health, power or any other condition — either negative or positive.

"In the beginning was the Word and the Word was with God and the Word was God." As you go to the office

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with thoughts of financial depression, you are vibrating this wonderful universal thinking Substance — Mind — and' you are causing it to take negative forms. I cannot think without having the results of that thought. It is always cause and effect. "It has become apparent that however different one phenomenon is from another, the factors of both are the same, so that all the so-called forces of nature considered as objective things are reduced to nothing more mysterious than push and pull" (a state of vibration). The things which we see are vibrating at the lowest rate and those which we cannot see are in the highest vibration.

The man or woman who lives in a high state of consciousness or high state of vibration is the one who is not so conscious of things. The people who have an unusual degree of wisdom are those who have learned to think in the higher realms of consciousness, and who have been in touch with these higher vibrations.

Joan of Arc, sitting beneath her fairy tree, seeing visions and hearing voices, gave to her time wisdom that baffled the so-called wise men. How did she receive her knowledge? She went into a high state of consciousness and received her intelligence from this universal Substance which thinks. Many other similar cases may be cited, for the universal Mind is the only source of Wisdom.

Mind power pervades all space and is imminent in all things. One of the greatest things about Truth is that the creative, divine Life, Intelligence, Wisdom and Love are in everybody. Truth was not given to you and not to me, nor to me and not to you. The great Master said, "The sun shines on the good and the evil, and the rain falls on the just and the unjust." It does not matter whether you are black or white, illiterate or educated, or

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which church you belong to — the sun shines on all and the rain, when it falls, falls on all. So with Mind — it is universal. We are all surrounded by the same thinking Substance. We are all immersed in the same Presence.

Mind power is the cause of physical energy. Your physical energy depends not so much upon what you eat as upon what you are thinking. As you think, the very atoms begin to vibrate in the muscles; your nerves vibrate — you vibrate and you move.

The old idea of the universe was that the Creator had made the universe like a watch, and after establishing it, had wound it up, put it into operation and had then gone away. The newer idea is that divine Wisdom and Intelligence are in the watch. Mind is everywhere. Everything thinks. That includes everything. You are in a thinking world; man has needed this knowledge — that all is Mind and its infinite Manifestation. The universe is alive with this thinking Substance.

Luther Burbank said, "All my investigations have led me away from the idea of a dead universe, tossed about by various forces, to that of a universe which is absolutely all force, life, soul, thought or whatever name we may choose to call it. The universe is not half dead, but all alive." Edison, Lodge, Einstein and other great men are all quite ready to admit their belief in the universal presence of Life and if such men, possessing such Mind consciousness and such ability to think, have committed themselves to these wonderful truths, I think that we can afford to sit and listen.

Here is a spider, with all the wonderful skill of an engineer, spinning its web out of its own body; it has a little spool of silk which it unwinds and with which it

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stretches across the chasm. Remember, it is this universal Mind — Intelligence. Whence does a spider obtain this knowledge? It is this divine universal Mind that is in and through the spider. Man should never say, "I don't know what to do," for if he will but accept the principle of this universal Mind in him and through him and disregard personality (the belief in a separate mind), he will be able to say, "I know what to do." A divine idea will flash into his consciousness. The ideas that come in this manner are always true and successful.

The bee manifests wonderful intelligence as she goes from flower to flower, extracting the honey. The same bee goes into the hive and constructs the perfect little six-sided cell into which she pours this nectar. Again it is this universal Intelligence in expression.

How wonderfully all plants know! The dahlia that through the spring and summer months stores up the starch for the winter is manifesting this universal Mind. Mind is working everywhere and it is in all. It is in you, so that if you will only realize it you can be lifted from lack to abundance; from sickness to health; from failure to success; from unhappiness to happiness. You make your connection with divine Intelligence and divine ideas by that which we call consciousness. To be conscious of universal Mind is to be in vital touch with it; to have a small degree of consciousness is to receive only that much of Intelligence. According to thy consciousness, so be it.

There is a great power in the electrical world but if I use only a two candle power globe, that is all the light I shall receive. To be conscious of universal Mind — omnipresent — always working for Good, is to be

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conscious of Reality, which is Health,. Wealth and Happiness.

The great Teacher realized Mind in everything when he spoke to the fig tree and said, "Bear no more fruit henceforth," and the next day one of his followers called his attention to it and said that the fig tree had withered. The great Teacher replied, "Have faith."

Understanding is the only thing necessary. The Master said to the winds, "Peace; be still," and there was a great calm. His followers were frightened and said, "What manner of man is this — that even the winds obey his voice?" He recognized Mind as thinking Substance and spoke into it. When the children were crying out "Hosanna," the followers . said, "Stop these children from crying in this way," and he said, "I say unto you if they did not, the stones would cry out." He was recognizing this divine Intelligence even in stones. Every clod thinks and every atom is alive with the Life of God, because Omnipresence is Life, Love and Truth. The amoeba, that little single cell organism, moves by divine Intelligence. This is true of the oyster, which seems to be nothing more or less than a digestive apparatus, but it is Intelligence.

A scientist experimented with some ants. He placed them in a stone house, the walls of which were sixteen inches thick. He placed another colony of ants at some distance from this house. He then sealed the doors and windows and waited. In one-half hour the colony of ants stationed outside of the house endeavored to find an entrance. How did they know that there was a colony of ants within? The only explanation is that the colony within must have used Mind power — they must have thought, and thought vibration is so fine that it even goes through stone walls. Nothing is solid. The finer and

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higher your thought, the more like the X-ray vibrations, which can pierce that which seems so impenetrable.

A scientist took two moths, male and female, to Cambridge University, England. The day he reached Liverpool the male moth escaped. The scientist continued his journey and placed the female moth in her little cage outside of the window during the night. In the morning the male moth was found clinging to the cage. How did he know the location of Cambridge or that the female was there? By the same medium as that employed by the ants — she must have sent out a wireless message and he received it and came. All is Mind.

A school of fish, numbering a thousand, were seen to turn back. There was no confusion, but all moved in an orderly manner and reversed their motion at the same moment. How did they know the exact instant at which to turn? It is generally understood that they were governed by this universal Mind.

This universal Mind pervades every atom of man and thinks by means of him, using him as a fit instrument. The desire which you have from within is the manifestation of the great universal Intelligence, craving expression through you and by means of you. Expression is Life (God); repression is death. As you realize that this urge is really not from your conscious mind, but from the great Within, you will realize the importance of relaxation. As long as we believe that the desire for prosperity, health and happiness is from man's mind, just so long will we rush about and worry, endeavoring to fulfill these desires. However, when we realize that we have nothing to do but to "let" the great universal Mind express itself through us, then will we relax mentally.

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Many have made the mistake of thinking that physical relaxation is all-inclusive. From appearance, people have been relaxed so far as the body is concerned, but within the realm of their own consciousness they have been tense and anxious. If relaxation means anything at all, it means to be relaxed mentally. When this is done, then will the body as an effect become relaxed. How can the water pass through a hose that has a kink in it and how can this universal Mind Energy pour through your mind if you are closed and tense?

We need to keep open for the "inflow" and the "outflow." We may conclude that desire in the heart is God (universal Mind), knocking at the door of our consciousness with His Infinite Supply. It is well to remember that supply always precedes demand. Universal Energy as Mind, Life, Love, Truth and Substance is always trying to pour more of itself through us into visibility. The word "express" comes from "ex," out of, and "premere," to press out, so that the statement, "God expresses Himself through Man," means "God (universal Mind) presses Himself out through Man" — as He does through every visible thing.

There is no more important part in the understanding of the Law of Abundance, than to understand man's active, conscious part. By this I mean to be conscious that man's part is to decide how the Divine Energy, "I AM" will manifest in the realm of visibility. We must remember that we have nothing to do with the working of the Law but we have some conscious part in just how that Law will work. God ("I AM") as the Universal Energy flows on and on as silent, impersonal, omnipotent Power until it reaches a place where consciousness is manifest.

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When this Energy contacts a tree's consciousness, it becomes the life, intelligence and supply of the tree; when it flows and contacts the consciousness of a rose, it becomes the life, color, fragrance and beauty of the rose ; when it flows and meets the consciousness of a spider, it becomes the wonderful skill and intelligence of the spider, etc., etc., etc. You see it is "All and in All." It is "All" but manifests according to your consciousness. To an individual with a health consciousness, it manifests as abundant Health. To one with a love consciousness, it manifests as Love. To one with a prosperity consciousness, it manifests as Abundance of money and things desired.

The following illustration will make this very important point clear: White light is a very high vibration. The Bible states plainly, "God is Light." The blades of grass have a certain "green consciousness" and extract the number of vibrations * from light to make them green. The violet, rose, dandelion and lily all do the same, for it is a Universal law that the visible forms, whether they are trees, flowers, animals, blades of grass or men, have their part in the law of manifestation. What man really needs, is a greater consciousness of the abundance of God. He also needs to be conscious that God (current of Universal Energy as the basis of all things and the Cause of all things) is ready to manifest, but can only do so according to man's prevailing mental attitude or consciousness.

The following will make this point very clear: Think of electricity flowing over the electric wire. The wire terminates in your room with a socket. There is no visible manifestation that the wire is "alive." You believe it is and because of this faith (understanding) you realize that if the electricity is to be made manifest

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visibly, you must do something or it simply flows on as power. When you realize this, you act.

There are many things which you might do, but I will mention three: (1) You can attach a globe, to the socket and you will have light. (2) You can attach a wire fastened to a stove and you have heat. (3) You can attach a wire fastened to a fan and you have the movement of the electric fan, or a visible manifestation of energy. Light, heat and movement are all from the same power; in fact they are the same power, but in different forms of manifestation. They appear different, because of the different channels through which and the different agencies by which the Energy works.

God ("I AM") will manifest Himself as you make a channel or mold for the manifestation. The little word "as" is very important, for it decides what the manifestation shall be. The Energy flowing through you now is God, but "it" manifests itself "as" you desire. "Whatsoever things ye desire, when ye pray, believe." The flowing iron will not change in Substance, but in form, "as" it passes through the mold. A pipe mold will be used if an iron pipe is desired, a valve mold for a valve, and a wheel mold for a wheel. "As you desire" is the mold which determines the form of manifestation of God.

Meditate long over the following:

"I am the open channel through which the current of God is now flowing 'as' Health, Intelligence and Supply." Pause after Health — Intelligence and Supply, so that you may have time to gain a clear realization of each.

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Place yourself in a relaxed position, close your eyes and meditate over the following affirmations for fifteen minutes:

God is expressing Himself now.

He expresses Himself as Perfect Life, Power, Intelligence and Love.

He is expressing Himself through me and by means of me. Because this is true, I cease from struggle and anxiety and "let God" work — "I let"

"I can do nothing, but the perfect successful Power that works through me is All in All."

Lesson II - The Universal Mind Behind All Forms

Now that we understand that the universal Mind is always "pressing out" into visibility, we know that things are thoughts and thoughts are things. When the student not only believes this with the conscious mind but knows it, he is then one with the Source of all supply. As long as the mind believes that Spirit and matter exist as separated parts of the whole, there is bound to be confusion. If there is confusion in the mind, there is struggle and with struggle comes the lack of peace, relaxation and harmony. When man is convinced that there is one Mind, he becomes more harmonious and as a result has more Wisdom. When this same individual knows that there is one Substance and that he must therefore be a part of it, he becomes more harmonious with Supply and has more of the good things of life classified under the word "prosperity."

To realize prosperity then, is to realize God as the Substance of all things. To this end we must stop believing that matter means another Substance. That which is called matter is really a different form or manifestation of God. The reason all things do not look alike is due to the fact that they are vibrating at different rates. A tree has its rate of vibration; so has a rock, and if the rock vibrated at the same rate as the tree, it would no longer be a rock in appearance, but a tree.

The elimination of belief in matter must take place before the student is really on the highway to success. Probably more people have been confused over this word "matter" than over anything else. In the light of present day science it is easily understood and when

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comprehended places one's feet on the road to abundance.

Man in the past has had a material consciousness and has failed to arrive at the castle of his dreams because of that. Few have realized this to be the fact, but it remains so. A spiritually-minded person is the successful person, but how can one have a spiritual mind with a material consciousness? "The double-minded man is unstable in all his ways; let not that man think that he shall receive anything from the Lord."

We cannot have any belief in duality. Either God is Mind and all is Mind or God is matter and all is material. The end of the world, generally expressed, has not been fully comprehended. The scientific meaning of that expression is "the end of your belief in the material world." Emerson was told one day that the world was coming to an end and he calmly replied, "I can get along without it." The end of the world has taken place for you, as you reach the realization that the world is spiritually made of this one Spirit — Mind — Substance. Remember, I am not denying forms but I am endeavoring to show you that the Substance of forms, or that which "stands under" the form is Mind. The form which we call the body is not physical or material; it is spiritual. A man can say, "I am Spirit, because I am made of this one universal Substance." I do not mean that man is Spirit in a physical body— that is the old idea — but I mean that his body is made out of this one Substance, one Spirit — Substance. His body is this Substance brought into visibility. His Soul is of the same Substance but invisible.

To illustrate: ice is H₂O, but it is in a different degree of manifestation. You must know that matter (so-called) is

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Mind. There is one primary Principle, Mind, Substance, which is universal, and this is the scientific understanding of God. I want to prove to you that there is nothing in the universe but Spirit — Substance. Remember — this may be vibrating at a low rate and be visible, or it may be in a very high state of vibration and be invisible, so that God is all there is — visible and invisible.

When some of the followers of Christ asked him if they should bid fire come down to consume those who opposed him, he said, "No, ye know not what manner of men ye are." You may think that you are physical; you may think that you are material and can be consumed by fire. That is not possible, for you are Spirit, Substance, expressed in form, which people have called physical and material, but in reality it is spiritual. The three children of Israel went through the fiery furnace and came out without even the smell of fire on their clothing, because they had the consciousness of Spirit, and realized that Spirit could not be destroyed. The North American Indians realized this fundamental principle, and after concentrating upon it, demonstrated their knowledge by thrusting their arms into boiling oil and withdrawing them without being harmed. The "protecting Presence" spoken of so much during the war is nothing more or less than the realization that man is Mind — Substance, and that no harm can come to him.

As one realizes the allness of Mind as thinking Substance — he "dwells in the secret place of the most High and abides under the shadow of the Almighty." Assert the fact that you are "Mind" in visible expression (pressed out) and no harm can come to you. This may be a long step for you but it is worthwhile.

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The words in the Absolute — Spirit, Mind, Life or Truth all mean the same thing. To select any one word and use it is sufficient to convey the desired knowledge. Christ gave the following definition of God — "God is Spirit" Since God is also Mind or Intelligence we may accept any of the following words as synonyms for the word "God": Life, Light, Love, Mind, Intelligence, Power, Spirit, Substance or Truth.

For the purpose of making clear to man the thought that God is Supply, I ask that the student remember that Mind also means Substance. When you say Mind is everywhere, you are also saying that Substance is everywhere. How much useless debate has gone on between religion and science! It has seemed that this has been the bloodless war of words in all ages. At the present time there is still some apparent conflict, but it has been greatly modified through tolerance and the knowledge of Truth.

In reality, there is no conflict today between religion and science. Religion, with the theologian as spokesman, has loudly affirmed that God is Spirit (Mind) and that matter therefore was not a part of His creation. If it were not a part of His creation, it must be unlike Him and therefore evil. The belief in evil has been so pronounced (though man could give no Creator for it) because man's belief in matter has been so strong.

In this scientific age of investigation, this is no longer possible. The findings and conclusions of the scientists are the same as those of the churchmen. On the one hand, the theologian has claimed that God is Mind and on the other hand the scientist of today claims that the so-called material object which he holds in his hand may be sent back into the Invisible. Since the presence of an invisible power called Mind is found in the animal,

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vegetable and mineral kingdoms, it is safe to conclude that the underlying source and origin of the material form is Mind (Spirit). The scientist has gone about his work in a very scientific manner and has not only demonstrated, but proven all of his points.

The familiar expression — "the electron theory" — may or may not be new to many students, but when applied in this manner, does bear out a new meaning. This one point must be clear to the student — that all of the visible world has come forth (has been expressed — pressed out) from the invisible. Nothing could be farther from the truth than to say, much less believe, that the universe was made out of nothing. "Things which are seen were not made out of things which do appear."

All we shall ever want or ever possibly desire is in the Invisible now. When you have (in your hand) the object which you have desired, do not say — "Now I have it." You will never have it in your possession materially, until you realize that you have it in the Invisible first. God (Invisible Substance called Spirit) is the Giver and the Gift. It is not more things we want but more of the consciousness of the Substance (God — underlying Principle) of the thing. God is Cause and Effect, so that it is all Cause, for God is All and in All.

Man has striven to obtain riches and honor in the form of things and has met with bitter disappointment because he forgot or did not know the truth — that God is All. One will never have more of Substance but he will have more consciousness of it. The greater a man's consciousness of God, the more things he possesses. You will note I say "possesses." Many people are possessed by their riches instead of possessing the riches. This is because they have had little or no understanding. To me, the word "understanding" means

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"that which stands under." God as the invisible Substance "stands under" every form and to have understanding is to have All — both Substance and form. "Seek ye first the kingdom of God and his righteousness [and his right useness]; and all these things shall be added unto you." Think of a few simple illustrations at this point and see how much clearer it appears to be. I said a few moments ago that everything visible came out of the invisible. The word "everything" certainly includes all, but at this place think with me of a simple and common thing — namely, a piece of ice. The ice came into form because of certain combinations. The first step was the uniting of two parts of hydrogen with one of oxygen. Both these substances (or parts of Substance) were invisible until they were united; then they came into visibility as water. This water was poured into a pan and frozen — it took upon itself the form of ice. Water and ice are both visible to the eye, but the Substance existed first in the invisible. This is working from cause to effect.

You may work from effect to cause and reach the same conclusion — melt the ice and it becomes water; boil the water and it becomes steam; reduce the steam and it becomes vapor; break up the vapor in the vacuum tube and you have H₂O. Invisibility manifests as visibility and visibility goes back to invisibility. If the student asks why the gas becomes visible as water and ice, and why the ice and water both go back to the original state of gas, I may say that these changes in manifestation take place because of the different rates of vibration. You will notice I said changes in manifestation, for it is in manifestation only that the change takes place — the Substance always remains the same. God is the same yesterday, today and forever. The earth may change but "Thou" remainest.

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At this point a word or two relative to vibration will be appreciated, I am sure. By the foregoing illustration of the different manifestations of H₂O (gas), it will be seen that the Substance did not change but the form did. The ice, water, steam and vapor were gas but became manifest (visible) in different forms. The form is governed by the rate of vibrations. Please notice that I said the rate. We know that color is due to vibration and that red is red because the vibration is low. If the rate of vibration is changed, the color of course is changed until the ultimate, white light, is reached.

So-called matter or material forms are such because the rate of vibration is low. The higher the rate of vibration, the less visible a thing is. You see, the change does not take place in Substance but in form only. A steel bar placed on a vibrating machine and vibrated at a high rate, will go into the invisible. One can take a common stove poker and place it in the fire. If it remains there and the fire is hot enough, that which was first a black piece of iron changes in color and form. At first it turns red; then the color becomes lighter and lighter. When the poker is left a sufficient length of time, it is said to be white hot. At this point the atoms are very loose and have a tendency to merge into each other. If the fire should be that of a blast furnace, the iron, after a time, would run and then go up in the form of gas. Those who have visited a foundry have no doubt watched this with considerable interest.

Regardless as to the form, one Substance stands behind that form and is never changed. Since Substance is Reality, it remains a fact that Reality is never changed, regardless as to what we think. The appearances are changed, but not the Reality. There is a constant apparent change going on. All nature is materializing

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and dematerializing — in a constant process of building up and breaking up.

The bubble blown from a child's soap-bubble pipe expands to the breaking point and then the drop of water goes back into the invisible, because the vibrations have been increased. A handful of seeds placed on the head of a drum will move if you stand close to them and speak. The movement will be visible if you hold a violin near them and play. Why do they move without the touch of a human hand? Because they are vibrated.

In a like manner, the atoms of our bodies are vibrated by our thoughts and words. The student may feel the vibration of his spoken word (which is but audible thought) if he will place his hand on the top of his head and speak. As the atoms of your body tremble because of thought, so do the atoms tremble in the brain of the thinker who thinks and the one who receives.

Not only have we these simple illustrations herein offered to prove our point, but today the scientific world is also practically declaring that all is vibration. Of course the scientist may not use our terms but he is understanding our meaning. He calls his "electron theory" the basis of understanding the universe. While he is thinking in terms of physics, we accept his premise and in terms of metaphysics reach the same conclusion. This is the conclusion — One Universal Substance behind a great number of forms. This point is fundamental in the science of things as well as of Spirit. They are one and the same thing for when we see the Unity of the Universe, we have a philosophy which is also a science.

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I offer here the gist of the "electron theory," accepted quite generally today by thinking people. It was said once that matter could not be destroyed. We know of course that there is no matter to be destroyed — if such a thing were possible. The form changes, as I have stated, but the Substance remains. In material science, this Substance was believed to be material, but with the light of the "electron theory" making plain many obscure things, we know that the Substance of every form is "Spirit."

To illustrate — the scientist takes an atom from any part of the universe and while science has divided atoms into many groups, we know that our point is to find the primary Principle of all. Science, by the aid of electricity and vacuum tubes, has divided the atom. The student may remember the day when he was taught that the atom could not be divided. The old gives place to the new and today we are doing things which our fore-fathers thought impossible. Aviation and the radio furnish material enough for reflection.

Science has discovered that the atom can be divided and made to reveal its secret. It has found that the atom, as an isolated particle, is really a group of other particles (parts). In each atom, regardless as to where that atom is found, there are small bodies called electrons and these electrons are in motion. These electrons may be called electrical units and they are not only in motion, but move with tremendous energy. It is estimated that their velocity is 400,000,000,000 revolutions per second. Some idea as to their size may be grasped when I tell you that there are one billion, billion electrons in one cubic centimeter — about two-fifths of an inch.

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The size of the smallest atom, which is so tiny that it cannot be seen with the naked eye, may be realized from the following: Imagine a building 160 feet long, 45 feet wide and 40 feet high. Let this represent the atom. If you were to go into that building, take your pencil and place a dot on the floor, you would have the comparative size between the invisible atom and the invisible electron. These many electrons in each atom move in perfect order. The negative electrons move about the positive protons in their orbits, very much as the planets revolve about our sun. Now in back of these electrons are the "lines of force" and these electrons depend upon these "lines of force" (energy) for their power of motion. These "lines of force," of course, are vibrations of energy and since they are but vibrations, must have some cause in back of them. We know that thought is a vibration of Mind. The Mind thinks through the brain and these thoughts go from the person in the form of a vibration.

So-called material science, in its experimentation with matter, stops with "lines of force." We need not stop until we find the Cause. We add a step to their findings at this place and say — "We agree with you that electrons revolve because of lines of force,' but what makes this appearance called 'lines of force?'" Thought is the vibration known to science as "lines of force." That still leaves us with more steps to be taken. This question must now be answered — "Where does thought come from?" The answer is, "From Mind." But whence the thinker? That is the ultimate Absolute — which is God or Spirit, spelled with capitals — SPIRIT. Matter, as material, disappears only as we have Understanding, for Understanding is God — Substance — Spirit — in All — "All"

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The thing which appears in visibility is composed of atoms. Atoms are but groups of electrons. Electrons are governed by lines of force and lines of force are thoughts. Thoughts come from Mind, and Spirit ("I AM") uses Mind. We have here a very clear outline:

Matter

Atoms

Electrons

Lines of Force

Thought

Mind

"I AM" or "Spirit"

For the sake of convenience, I wish to classify the following rates of vibration:

Matter..... 40%

Atoms..... 50%

Electrons..... 60%

Lines of Force..... 70%

Thought..... 80%

Mind 90%

"I AM" 100%

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If you are thinking the material thought, which means — if you are thinking of the thing you want — your mental vibrations are too low, as they register but 40%. The more you realize the Spirit of the thing or the Substance of the thing, the higher your mental vibrations. When you are thinking of God and knowing that God is the Substance (Spirit) of every form, your vibrations may even attain the one hundred percent rate, which is perfect Realization.

Everything in the universe has come from something. It was believed at one time that something was made out of nothing. This is not scientific and therefore not true. All things in the visible universe are made of something and that something is invisible to our physical sense of sight. "The invisible becomes visible by mental activity In the past, many people believed what I have just stated, but could not seem to manifest in the visible by the action of mind. The difficulty is here: they believed that mind was over matter, and that mind could work with matter and form it, but the results were very disappointing. When you understand the nature of matter you will not experience a repetition of the past.

That which is called matter is in reality Spirit, and it is absolutely necessary that you accept this. The natural science point of view regarding matter will possibly help you most, because it fits in best with your preconceived ideas.

The present scientific position is that matter and electricity are synonymous terms.

The basis of the so-called material universe consists of lines of force. I believe that what the scientist calls lines of force, correspond to what we call thought. Since matter is one with thought, it is thought brought into

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visibility. You will see from this, that a man's thoughts may become the things he sees and feels.

Since there is no matter, the more we can eliminate the material thought, the nearer we are to Reality. All is Spirit; then Spirit produces form out of itself.

As one understands Substance, one reaches the realization of Reality.

Formerly, the idea in the minds of most people was that Substance was matter. Now that you know that matter is nothing as matter, then matter understood is Substance expressed. Stop here again and think. The Substance of all is Spirit. The word "substance" (from sub, under and stare, to stand) means "that which stands under." That which stands under the form of the thing you see and want is Spirit.

One might say then, "What I really want is more Spirit Substance.

I reply, "No. It is the consciousness of this, that you want."

Let me give you a simple illustration. It being true that things and conditions are thoughts expressed, why do not people think rain during a drought? If they should, rain would appear. The difficulty is that they think the thing they do not want into manifestation, and then complain when they get it. The old prayer meetings conducted in the interest of those who wanted rain were very successful. This was true because the people stopped thinking drought (lines of force producing what they thought) and changed their mental action through getting into a universal, impersonal consciousness. Then the divine Power had an opportunity of expressing

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Itself through them as rain (lines of force producing electrons, electrons producing atoms and atoms forming into molecules of moisture).

The material thought that Substance is material, has been responsible for "short circuiting" our health, wealth and happiness. Because matter can be seen, men have thought that it was different from the primary (unseen) Substance. There is only one Substance. As we have this in mind we will eliminate the dual belief, and thus cease being double-minded.

As a great scientist has said, "Reality is Permanence." Spirit is the only Reality, and since there is no matter, but all is Spirit — visible and invisible — Spirit as Substance never changes. When one speaks of changing his mind he means that he has changed the action of mind, or stopped thinking one way and thought in another. Spirit (Substance; Permanence) never changes, but the form of it may change from one expression into another. As one understands this action, one can see how true scientific thinking (guided by a teacher, perhaps) changes the form of what has been called illness, poverty and unhappiness into health, wealth and happiness.

Many people succeed in attaining the thing they want, wholly unconscious of the law by which they attain it. This being true does not release the many who have suffered because they did not know. It is better to know the law, and consciously apply it in realizing the thing we want: By this understanding one may say, "I AM creator and not creature."

You now have made up your mind definitely as to what you want. The desire indicates that it is for you, or you would not desire it. You must now state that you have

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what you desire. Just here do not think that it is too vague. You have not the thing you want in form, but you have it in Substance. You want form. Remember, if you expect results, you must keep each link in the chain, or the chain (law) will be broken. Know what form you want of the Substance you have. If there is any doubt as to whether you have Substance, go back and read carefully. You are not ready for the treatment until you have this understanding.

Consider this brief outline in three steps:

1. Know what you want.
2. State what you want.
3. State that you have it in Substance.

Up to the present moment, it is very necessary that you have understanding. You cannot expect direct results if you simply recite the formula; you must understand it. Be patient and do not think it is impractical. Remember — it is a science; in fact it is this science which the ancients understood so well.

When I speak of the "consciousness of Plenty" I do not mean that you must know that there is plenty of money, business, or any other form, but there is an abundance of Substance out of which forms come. Be sure that you understand this, or the statement, "There is Plenty " will be but words.

Let me give you a few simple, practical illustrations. A woman may have the material to make a dress, without having the dress in form. She is pleased to know that there is sufficient material out of which to make the dress. I walked into a bakery sometime ago, and while

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there was not a loaf of bread in the store, there was plenty of dough to be made into loaves, back in the bakeshop.

The student may at this point ask the question — "would the dress or the loaves of bread come into form unless someone made them?"

I answer, "No; but no one could do it without mind." You must not be idle and wait passively for all things to come to you without effort. Your thoughts form your Good and you will have success as directed by Mind. Ten there is your constructive thought that will lead someone else to respond to what you think, and you will reap the benefit.

I will state with authority that as you develop the consciousness of Plenty (plenty of Substance), you will be magnetic and attract many desirable things in an unconscious way.

"To him that hath [understanding] shall be given, and to him that hath not [understanding] shall be taken away even that which he hath.

From this point on I shall use the word "God" in place of Substance. This will spiritualize your mind and act in neutralizing the materialistic thought. Your success will be measured largely by the degree in which you eliminate the material thought. The following is very helpful in enlarging the consciousness:

"Sensing the allness of God, leaving out all trace of human personality, if earnestly engaged in, will permanently remove every difficulty from my path "

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The difficulty with many people is mental limitation. You may reasonably expect forms in proportion to your capacity to receive them. To illustrate, it is not likely that you will receive five hundred dollars a week, if you are expecting twenty-five.

Wealth is created mentally first. The stream of Plenty will not flow toward the stingy, parsimonious thought. Holding the poverty thought keeps one in touch with poverty-producing conditions. You are a center and according to your thought you receive.

Again let me remind you that an expanded mentality means an expanded and enlarged life of plenty. To declare that there is plenty of God (Substance) is to declare a fact that will manifest.

The thought of "Allness" will so enlarge a man's conception of life, that narrowness gives way to broadness, intolerance to tolerance, hate to love, illness to health, failure to success and lack to plenty. While you have been studying the subject matter herein presented, your mind has been clarified. As the mental fog of negation has disappeared, it has left you with the faculty so clear and sharp, that it creates and attracts even now.

This is a study, and as you have grasped the idea, the mental law has been put into operation because of the renewing effect which this has had upon the mind. The word "consciousness" has appeared frequently. I want to make this plain to the reader. By it, I mean to be aware of or awake to the real fact — not to the seeming. When you are aware that the thing you want is in reality Mind Substance expressed, and that you make that form by mental activity, it is "consciousness."

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Just here the student may still be in doubt as to the process. If this question is in the mind — "Since I have the Substance and have furnished the pattern or mold by knowing definitely what I want, must I not work in some way to put that Substance into form, and if so, how?"

I will answer it. I repeat that you will be active and not wait for things to come to you (though they will), but you will not be active in the sense of being conscious of working for the thing. It is not necessary to visualize and work mentally, but to realize the "Allness of God," and let the law operate and the mind work out your form. This may be different from anything you have been taught heretofore, but observation, experience and testimonies from many, have convinced me that this is the unfailing Absolute.

By the other method (visualizing) one becomes too conscious of the material thought, instead of letting the power operate.

There is a great deal of electrical power along the wires in our homes. There is enough there to run a motor, or only give a two candle power glow. It is according to our understanding. A story is told of a woman who had been using the old carbon globes and seemed perfectly satisfied. One day an enterprising agent advised her to use his globe that would give much better illumination. He screwed the globe into the socket and the room was filled with light. The woman was surprised and asked how this was done. The agent replied that there was an abundance of this power in the wire, but that she had not been using it. She had a two candle power consciousness and received just that much. The missing link that connects the abundance of Substance with the manifestation is to know — "There is plenty of

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God." Remember — the electric globe did not form the electricity or make it, but acted as a medium.

Let me tell you what you may expect from this study. As the mind expands under the influence of this idea of Abundance, there will be a breaking up of the old ideas of poverty and lack. As these are "broken up under the positive influence of the Truth, outer conditions will also break up and outer circumstances will improve. The payment of money long deferred will take *place; new customers will visit your store; new opportunities for gain will come into your professional life; you will find it easier to make sales. People will be attracted toward you and your circle of friends will be widened; money will come easily and freely. People will seem more kind, not competing with you, but instead cooperating. All things will work together for good in your behalf in the outer world, because you have a new inner world.

When things change, know that it is the working of this Law that cannot fail.

Any idea held in the mind will be realized and demonstrated. The reason for poverty-producing conditions and circumstances is that the thought of lack has been retained in the mind and eventually realized. With this new idea and understanding of "Plenty " we accept the fixed idea and repeat it often with understanding:

"There is Plenty."

One final suggestion here at this point do not think "plenty of money," "plenty of positions," "plenty of friends" — but "plenty of God."

EXERCISES

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Sit quietly for at least fifteen minutes and think about the ideas presented up to this point. Reading the lessons will give you an intellectual grasp of the method, but "understanding and Realization" will come only through quiet meditation.

If concentration seems difficult when you are thinking — "There is plenty of Substance" — try the following (remember the outline given previously):

Think of an object and then reduce it mentally (as per outline) until it goes into the invisible Substance. This will prove to be a great aid toward concentration.

Matter.....M
Atoms.....A
Electrons.....E
Lines of force.....L
Thought.....T
Mind.....M
Spirit.....S

Lesson III - Universal Mind Active Everywhere

In our study it is very important that we not only hold the fixed idea — "There is Plenty" but this advanced one — "There is Plenty everywhere." The belief in space has been responsible for our belief in lack. The student understands now that if the subconscious mind believes in lack of any kind, such conditions of lack will be vibrated to the individual who entertains the thought. Once more I offer scientific data showing conclusively that "lack" is not true. As the mind is convinced at first, intellectually, it accepts the Absolute more easily and without conscious resistance. The invisible Spirit Substance is found to be not only abundant, but everywhere. Of course since it is everywhere, lack can be nowhere.

Instead of believing' in vacancies, we discover that the whole universe is filled with "that something" out of which everything comes and is made into form. Therefore there is no lack; no want; only in consciousness. There is not one place in the universe where there is lack. A hole in the ground is filled with "that something" which is invisible; which is intangible; "that something" out of which things are made — therefore space does not exist.

Einstein believes in the law of relativity that is, he believes that everything in the universe bears relationship to something else. Los Angeles, relatively speaking, is five hundred miles from San Francisco — you have a point, something fixed, and then you have the relationship. You must have something that is fixed. Everything in the universe is apparently changing. Forms change and take upon themselves new forms; the heavens change; stars burn out; new planets are

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born over night. People change; the world changes; everything seems to change, but in this law of relativity you must have something that never changes. If you are sitting in a train in the station and another train is moving past you, it is with some difficulty that you determine which train is in motion. The decision, however, can be reached by looking through your window and using a tree as a relative point. You are aware that the tree is fixed and by the law of relativity you ascertain which train is in motion.

Is there anything in this great big universe that is fixed? Mountains change; the sea changes; the world changes; people change; the heavens change. Is there anything that is fixed? It was "this something" of which the writers of the Old Testament spoke when they said, "I, the Lord thy God, change not"; "The mountains shall depart and the heavens shall be rolled back as a scroll but Thou remainest." Therefore, from the natural science point of view, what the scientists call ether is changeless. Ether is that fixed, stationary "something" that never moves; that is in every place and that cannot be eliminated.

If you stand at one end of a railway coach that is traveling a mile a minute and drop a ball, it will fall at your feet. Why does it fall at your feet when the train is moving at the rate of a mile a minute? Because the ball is free. It is in the air and is not in relationship, so to speak, with the train, but with this universal ether that does not move. It is fixed.

Do you know that if you threw a ball from the front of an engine that was moving, it would not go any farther than if the engine were perfectly still? Why? Because the ball does not have any relationship between itself

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and the moving engine but it bears relationship to "this something" that is fixed.

While men's opinions are changing or shifting, I must have something that is fixed and something to which I can be related, and what the scientist calls ether is "this something" which never moves. There is no space between you and me; if there were, you could not hear what I am saying. It is as though there were a wire between us. The words in themselves are nothing, but the vibrations of my voice are passing over something that is invisible, and you are catching my vibrations which are disturbing this fixed ether.

The following excerpt from the Encyclopedia Britannica, fourteenth edition, Volume VIII, expresses the very idea presented:

"Meanwhile, we must assume that the ether has a substantiality and a wave conveying structure beyond our present clear imaginings, with parts of it modified in an unknown way into electrons and protons; that of these the atoms of matter are built up; and that the whole of material activity consists in the interactions of these minute electric charges, connected as they are by their lines of force and by radiation. There is no doubt that the ether extends beyond the farthest visible stellar object, and for all practical purposes is infinite. There is very little doubt that matter is not an alien substance, but is essentially composed of it, being built up of the electrons and protons which must somehow be constituted of ether, perhaps in some sense analogous to that in which a knot in a piece of string is constructed of string."

A European scientist not long ago made the statement that he was not so sure but that the sun moves. It does

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not make any difference whether the sun moves or the world moves, as long as we have something which the natural scientist says is ether, to which we can relate ourselves.

You cannot eliminate space and you cannot destroy matter, because there is no space to be eliminated and there is no matter to be destroyed. Matter, so-called, is to be understood. Everything is full of what the scientists call ether, which we call Mind.

Ether is mental and not material. Since all forms come from and through the subconscious mind, they are only thought forms. Reducing or tracing matter back to Mind proves this. The Substance of the so-called material world is therefore Mind, y Matter is merely a form of Energy, being nothing in and of itself? The lines of force, electrons and atoms compose the material world. Spirit — Mind — and thought are the real things and represent Reality. You will recall that I said in a former lesson, "Man is a threefold being. He is body, Soul (Mind) and Spirit." His body is a thought form; his Soul is Mind and the Self is Spirit. The material forms are the way Spirit Substance looks to the human mind. Objects exist only as the mind builds up concepts, and these of course are formed in our mentality. The world as we know it from the material point of view, exists only in our thoughts. For this reason I presume it has been said that those who believe in ghosts see them.

The consciousness of Omnipresence and that Presence omni-active mentally, always enables one to demonstrate the activity of God in his affairs.

God is acting everywhere — all the time, whether we see Him or not. The vibrations of Thought, Life, Power, Intelligence and Will are God and so it is not a question

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of finding something to fill up space, but it is reaching a place in understanding where you realize that there is no space.

The carpenter of Nazareth, as he spoke to the people, must certainly have had his wisdom from within. The people did not know what he was talking about, for he said, "How is it that ye do not understand? I have not come to destroy; I have come to fulfill."

I come to fill full; to fill your universe full of God; to fill your consciousness with God. It is not a question of finding God on the mountain top or in a church or out at the seashore — God is everywhere; at the bottom of the sea and on the farthest planet.

It is this something" that is settled, fixed; that never changes. St. Paul had a scientific knowledge of this when he said these words, "In Him we live and move and have our being." He was talking about this very thing. God is the universal Expression. We find God everywhere. For instance: When Edison was experimenting with his incandescent globe, he had a carbon rod the size of a pencil and when he turned on the current the globe broke. He came to the conclusion that the breakage was due to expansion, so by a vacuum process he took the air out of the bulb. There was now no air in it; therefore there was no expansion, but there was something in the bulb which he could not take out. It was ether. If you could take the ether out of the bulb you would not have any visible light, because there would not be anything over which light could travel. There is something between the light and the globe over which the light passes, and it is "that something" which cannot be eliminated.

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Two men are swimming in a tank. One man knows the other is swimming because the water is disturbed and he receives the vibrations, called waves. How do you know I am talking? Because there is something invisible over which I am speaking that is just as real as the water which you can see.

A church bell is ringing. Nothing leaves the bell and yet you are two miles away and hear it. The bell disturbs this ether and you receive the vibrations. A light is shining from a lighthouse. Ten miles out at sea you are standing on the deck of a vessel and you see the light which is traveling at the rate of 186,000 miles per second, not through air only, but over the ether.

Air is only 200 miles high. Above the timber line on a mountain the trees cannot grow because the air is so thin. If that is so, how do we receive light and heat from the sun 93,000,000 miles away? The light and heat are received from the sun in 8 minutes. Beyond the 200 mile point there is ether, and it is this something which Edison could not take out of his globe and which cannot be removed from the universe. Ether, from the natural science point of view, is the medium which is disturbed — it is changeless.

There is always Substance enough to make more than you ever desired, but you have to believe in more than you see and that all things visible have come out of the invisible. We are walking through this invisible something"; living in it; breathing it; thinking into it; talking into it and according to our thoughts and words shall the Substance be formed. The material is here. If you think negatively, you will have negative results. If you think and speak positively into this universal Substance, you will have positive results.

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Since this world moves — and it moves at the rate of 17 miles a minute from west to east — since there is “this something” which fills full the whole universe, how can this world move through “that something” without friction; without being consumed? Because it is porous and in this porous state this ether flows through the world as the latter revolves through it. Ether must be more rigid than steel and lighter than air.

Every point in this study is scientific, true and practical. As we accept the fact that Substance surrounds us wherever we move and this Substance is Mind — and as we apply the laws of right thinking and think and speak into it, we shall have whatsoever we desire.

We have heard much of the fourth dimension and we have vainly endeavored to understand it. In my opinion it is “consciousness.” It is invisible to our sense of sight, but nevertheless real. In man’s evolution, the day may come when he will recognize ten or more dimensions. To make this very plain, consider the following simple illustration:

A caterpillar is crawling on the top of a table. Imagine that he was born there, for the table is one in the naturalist's study. The caterpillar has seen nothing of the world but that flat table top. He therefore lives in a world of two dimensions: length and breadth. He crawls to the edge of the table and looks over and discovers something new. The new discovery is a third dimension. He discovers for the first time that the table has depth. It was always there but the caterpillar did not know it. Now if I stand over the table and drop bits of food, the caterpillar will see them but will probably be unable to account for them, since they did not come from any one of the three dimensions. They came from some unseen

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but real source, called the fourth dimension. When we are able to hold in our consciousness the idea of “the invisible abundant Substance everywhere,” we are really living mentally in the fourth dimension and bringing it into manifestation in the visible world.

We are intelligent beings, to be sure, endowed with intelligence, but most of humanity is still living in a world of three dimensions — length, width and depth. Has it ever occurred to you that the third dimension (depth) is a matter of faith? You look at a cube and you can see two dimensions, but you accept the third (thickness) on faith. You cannot look through the cube but because you judge its weight you conclude that it is solid. But there is more than we can see and if we accept the third dimension by faith, why not accept the fourth?

It was Christ who believed in the fourth dimension (consciousness) when he looked at the three dimensional loaves and fishes and then realized the fourth (abundance of the invisible Substance) and fed five thousand. All scientific data today is being brought forth in support of spiritual truths. The following proves this to be true (once more we come to God in the language of our day) : Mr. Einstein hinted at the possibility of light being deflected by the “pull” of the sun. Of course if this were true it would prove that light must have some weight and as a very high vibration is Substance.

In the history of science, the year 1919 will long be remembered. The British astronomers who went to Africa to observe the eclipse of the sun on May 19, 1919, came back with the proof that a ray of light passing near the sun is bent out of its straight course. The photographs taken during the six minutes when

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the sun was shadowed, show the surrounding stars in different positions from those in which they are seen when the sun's disk is not in their midst. This shows that a ray of light from a star is refracted or bent as it passes close to the sun and confirms Einstein's theory that light is affected by gravitation.

The old sun worshippers of the past were not so far from Truth when they looked to the sun as their Source of Supply. "I AM — the Light." "Walk in the Light." "Every good gift and every perfect gift is from above [fourth dimension], and cometh down from the Father of Lights, with whom is no variableness, neither shadow of turning."

There is plenty of Substance. The following is from Henry Ford's paper, the Dearborn Independent: If you can imagine a world in which the source of supply will be so plentiful that people will worry about not using enough of it, instead of worrying as we do now, about using too much, you will have a picture of the world that is soon to be. We have long depended on the resources which Nature long ago stored up; the resources which can be exhausted. We are entering an era when we shall create resources which shall be constantly renewed, so that only the loss will be to not use them. There will be a plenteous supply of heat, light and power that it will be sin not to use all we want. This era is coming in now.

Mind is not the supplier, but the supply — the Substance of the thing itself. Man may now know that as he realizes the Substance (that which stands under the thing), he may have the form of the thing.

There is plenty.
There is plenty of Substance.

Lesson IV - The Universal Mind Active Through You

We HAVE now reached the lesson that deals with the metaphysical aspect of our subject. First we discovered the manner in which Mind works from the objective side. Then we became acquainted with the idea that the world we see is not material but spiritual. We also learned that the thought of space is eliminated by knowing that space has never existed. Now we are ready for the thought that Universal Mind is active from the subjective side. Its manifestations, to be sure, will be objective.

The student should keep in mind the fact that desire from within is not his personal desire. The desire for health, wealth and happiness is not personal but impersonal. The Universal Mind desires to manifest and express these states of Being through you. Because this is true, the personal struggle, which is always accompanied by anxiety and worry, may be dropped from man's life. To learn this lesson is to have learned much.

Since desire is in the great Mind and all these desires are good, the only thing necessary for us to do is to let. This, remember, does not mean that there will be inaction but it does mean that you will be conscious that it is not the personal but the impersonal "you" that works. Relaxation of course is necessary but when one has understanding, he finds it easy to relax.

God is "I AM" and "I AM" — God. When the personal mind (conscious) relaxes and "lets" the great Mind ("I AM") at the center of one's very Being express, it will work and work perfectly. As you recall the teaching step by step, you will be aware that "I AM" is at the center of things. You also find that "I AM" is at the center of your

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own Being. This then is plain and reasonable — that when you are still and your conscious mind is conscious not of things, but of the “I AM” within you, you are in tune with everything in the Universe. Being in tune with the Universe, you exert an unconscious pull on things and will draw to you the thing which you desire most.

That is why I do not say, “Think of the thing that you want,” but “Think of the Substance (‘I AM’) of the thing.” This great Universal Mind (“I AM”) is always flowing into our bodies, whether we are conscious of it or not. The student should remember that he does not alter the fact of Truth by what he thinks of it; he simply alters his own manifestation of it. We do not change Truth by our opinions of it; we change its manifestation in our own experience. "As a man thinketh, so is he" — in manifestation.

Inasmuch as this great Mind is flowing into our bodies, it must, of necessity have an outlet. This conclusion leads us to accept the following: The Universal Mind flows through us, but registers or localizes itself in the solar plexus and from this point radiates by thought to the world. Therefore we see that God (“/ AM”) is the only Thinker, Actor, Power and Life. Then “I AM” — Success or if it would be easier for the student to realize the impersonal, he may say, “I AM is Success.” If he wishes to say, “God is Success,” he is saying the same thing. It is not so much what we say, so far as the words are concerned; it is the understanding with which we say them.

God is the “inflow” and God is also the “outflow”; then “God is All and in All.” Since there is but one Energy and that is God, this is the only conclusion for man to reach: God speaks; God works; God thinks; God acts;

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God writes; God walks; God sings; God plays upon the musical instrument. I might go on indefinitely, for this power is "All and in All."

By receiving this understanding, the student will see that human "personality" is eliminated; the one who has gained this knowledge has found a new world. Those who are conscious of God speaking, speak perfectly ; those who realize that God walks, have been healed and have regained the power of walking after having been in bed for years. The realization that God sees, has cured many of the belief in faulty sight. Since "God is All and in All," there is no personal mind; no personal self; no personal desire, will or responsibility. Personal mind, self, will and desires mean belief in human personality (separation from God), and will bring failure unless corrected by a knowledge of Truth.

"Sensing the Allness of God, leaving out all trace of human personality, if earnestly engaged in, will permanently remove every difficulty from my path." A great help in eliminating the belief in a personal mind, self and will is found through the process of denial. You are not trying to deny something that you know does not exist, but you are denying your belief in it. It is only the belief that needs to be driven from the mind.

When the false belief is denied, it is crossed out. Christ said, "If any man will come after me, let him deny himself and take up his cross daily."

The cross spoken of is the "crossing out" of false beliefs, by the act of denial. Negative people need more affirmations and positive people need more denials.

If the student will sit very still in a quiet place, in a relaxed position, he may practice denial. Select any one

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of the following and repeat it slowly over and over audibly for fifteen minutes. Concentrate on one each day until you feel that you are free from the belief.

1. No human personality.
2. No failure.
3. No lack of understanding.
4. No fear.
5. No struggle.
6. No worry.
7. No pain.
8. No condemnation.
9. No self-consciousness.
10. No impatience.
11. No indecision.
12. No Weakness.
13. No discouragement.
14. No Hate.
15. No delay.
16. No criticism .
17. No antagonism.

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18. No injustice.

19. No nervousness.

20. No deceit.

21. No matter.

22. No time.

23. No space

Man must realize that he is one with God. He cannot realize this as long as false beliefs fill his conscious mind. A vessel that is full cannot be filled. It can only be filled after it has been emptied. There is seemingly no room for ideas of Truth in the mind that is full of false thoughts. The “demons” (negative, false thoughts) must be driven out before healing of wrong conditions due to wrong mental states can take place.

As the student practices self-denial by denying the belief in separation from God, he will find it much easier to grasp the idea of Oneness with God. Denial is made by the human mind and in the human mind, for the human mind is denying itself. Think of the following and it will help you to see this point: The branches of a tree do nothing of themselves. We are mistaken if we say that they grow the leaves and produce the fruit. They can do nothing but keep in contact with the tree. If for one moment a branch were cut off from the trunk of the tree, its activity would cease. God as Universal Life, represents the sap in the tree flowing through all the branches. All mankind draws Power, Life, Mind and Intelligence from the same Source.

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Man's lack of manifestation in the world of affairs, has been due to the fact that he has lacked in this — he has not been conscious of his One-ness with God. Since we only have that of which we are conscious, you can understand that a lack of consciousness will mean a lack in manifestation. The bay is a part of the ocean, having the same water though it appears to be separated. The appearance does not affect the truth; the bay is always a part of the ocean, regardless as to appearance declaring otherwise.

We may have the consciousness of our Oneness with God as we vibrate with God. The piece of iron that is welded to another piece is made secure by the process of heating. The rate of vibration is increased by heat and the atoms of each piece of iron become free from each other. When a certain temperature is reached, they melt into one another. They do so because they are then all vibrating at the same rate.

This simple illustration will also make this point clear: A piece of ice is placed in a glass of water. The atoms of ice, as we know, are vibrating at a low rate. The atoms of water are vibrating at a higher rate. If the ice is allowed to remain in the water long enough it will melt, so that after a time all will be water. The ice disappeared as ice and was changed back to water because the rate of vibration was increased. When all the atoms vibrated at the same rate, they appeared as One. When we learn to vibrate with God, we shall be conscious that we are one with our Supply. This change in our rate of vibration is gained through the "Silence." If a musical note is sounded gradually through the various octaves until it reaches a very high pitch, it cannot be heard. Remember the second lesson, wherein I stated that things become invisible by increasing the rate of vibration. The greatest forces are "silent" because

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of their high rate of vibration. When one is absolutely still and his mind is taken off of forms and he thinks of the "Allness of God"; "Allness of Invisibility"; "Allness of Spirit," he finds that he has met this unseen Power face to face, and is one with Him. It is at this point that he loses the sense of the personal and gains the Impersonal.

A very helpful exercise in aiding one to realize this Oneness will be found in the following suggestions: Sit quietly in a relaxed position. Select as quiet a place as possible. Close the eyes. Repeat the following — slowly and silently, getting your realization clear as you think of it:

"As water mixes with water, air mixes with air, as light blends with light — I let out all of my personal self and realize my oneness with God."

"God works; no man."

Lesson V - Our Conscious Contact With Universal Mind

In the lessons of this course I have presented a modern understanding of the Universe. We have learned the action of Universal Mind in its various phases of consciousness. I have also brought out the important fact that this Universal Mind is not only intelligence but Substance of all visible things. It has also been shown that this Substance cannot be localized, for it is everywhere. Then in the preceding lesson I showed that it is always operating through man whether man knows it or not. You will remember I stated that we have that of which we are conscious. If man possessed the consciousness of this intelligent, omnipresent Substance working through him, he would have results in the objective world. The purpose of this lesson is to give you the method by which you may have constant contact with Universal Mind.

The method is called the "Silence." It is a mistake to think that the Silence is a state of passivity only. It may be that, to be sure, but for the most practical results it is a work shop. It is where we realize our contact with the great Power and certainly this Universal Power or Mind is ever active, omnipresent, eternal Energy. The Silence as understood by many is subjective and negative. It is subjective, to be sure, but positive, In our present understanding, the subjective side of life is positive and if there is any negative side it is the objective.

It is the "within" of all things that is dynamic. The germ within the kernel of wheat, within the tulip bulb, within the acorn or the egg is the creative side of the expression. The shell or husk is important, but always

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remember that the wheat, flower, tree and chick come from the dynamic center.

Remember, the negative electrons revolve around the positive proton at the center of the group. This point in man is the solar plexus and all his objective activities evolve from that center. The Universal Mind or God flows into man's body through the soles of his feet, through the tips of his fingers and through his head. Just as the sun's rays may be focused at the very center of a sunglass, so God "in the midst of thee" is mighty.

God is localized in you as a point within a circle. The circle could not be drawn without some point as a center; so your outer (objective) life could not exist (stand forth) without this God center within you. Man, like the prodigal son, has gone into the far country (surface — objective, sense life) and has met or rather created difficulties for himself. His only salvation is to return to his home (center — God — "I AM"). When he does he will find music, dancing, joy, the ring, food and abundance of all good things. Man must come back consciously to the God within him. This is done by the method of the Silence.

"Be still [objectively-physically] and know that "I AM" — God." One moment spent in quiet meditation (where real thinking takes place) upon the subjective side (God's side), will make all our struggles, doubts, false pride and fears sink into utter nothingness. We realize our Oneness with God by realizing in the Silence that God alone thinks and works. When we are conscious that our thought is really not our thought but God's thought through us, we shall be prosperous and happy. You see, when the realization of the "I AM" is attained you will be conscious of thinking and speaking from the center of your Being.

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There are many books relative to the benefits to be derived from going into the Silence. The great need is to know how to enter it, for when this secret has once been learned, the advantages which come to the seeker are self-evident. The following rules are given to guide you into the way of Truth:

I. SILENCE FOR RELAXATION

Practice this Silence at night before going to sleep. Through the application of these suggestions I have known all forms of nervousness to disappear in a week:

1. Lie flat (no pillow) in bed.
2. Extend arms side horizontally: palms up; fingers bent slightly upward.
3. Close eyes.
4. Let go. Let all the weight of your body rest on the bed.
5. Rest for a moment.
6. Repeat each of the following statements seven or eight times, slowly and restfully:
 - A. I rest in the sea of Universal Energy.
 - B. This Energy is Good.
 - C. I Am one with It.
 - D. I Am — IT.

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This will take about ten minutes. Do not move a muscle of your body during the Silence, for you are relaxing. If you find some difficulty at first in being quiet, you might say, "Peace — be still," for five minutes.

If you go to sleep in this position, perfectly relaxed, you will derive much benefit therefrom. After having this Silence, you may make an audible request such as any of the following: "I want to be guided to an individual who wishes to employ me"; "I want to have the companionship of someone whose thoughts are harmonious with mine"; "I want to attract a buyer for my home"; "I want to make the right move in business"; "I want to know how to improve my health." You see you first make your conscious contact with Universal Mind by going over the statements given. Then you commit to Universal Mind your desire and your subconscious mind which never sleeps, will work faithfully while your objective mind is shut off in sleep. "Let" Universal Mind work; remember you do not make it work; you step out of the way.

II. SILENCE FOR THE REALIZATION OF "I AM"

1. This Silence will be practiced while the student sits in a chair.

A. Always select the same chair.

B. Always have a straight-backed chair.

C. Have the same time for your Silence each day.

D. Always have the chair in the same room and in the same place. The reason for this is that you enter the vibrations of the former day, by going where those vibrations are.

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THE SUGGESTIONS GIVEN ABOVE ARE VERY IMPORTANT.

E. The student will sit erect and close the eyes. A straight spine aids concentration.

F. Place both feet flat on the floor.

G. Have the head well poised.

H. Allow both hands to rest either on your knees or in your lap. See that they are relaxed.

I. You must not move from this position for one-half hour.

2. Affirm quietly each of the following, seven times:

A. I am receptive to Universal Good.

B. I do not resist.

C. I let go.

3. The next statement should be spoken once. You must be positive in speaking it, because you are going to shut out all thoughts except those which you wish to think. You can “close the door of your mind” by practice. See to this, for it is very important.

Affirm — “I close the door.”

4. The next step is just as important. Now that the door is closed, your stream of thought activity cannot go out into the world. It must be directed in and down. Do not try to think thoughts at this point. Your mental stream

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is like a flowing river. Just direct the stream in and down.

5. As you feel the stream of mental activity flowing in, you will aid your realization by saying quietly, "Down — Down — Down" — three times. As you say it, just imagine that you are in an elevator, going down into a mine. As you descend, the noise of the world grows very dim, until you enter the deepest part of yourself. While you are going down into the "secret place," you will remember many things which you thought you had forgotten. This takes place as you go through the subconscious.

6. When you have reached the center (solar plexus), begin to assert the "I"

7. Repeat the following (each seven times) :

a. "I."

b. "I AM."

c. "I AM" — (always a slight pause after the phrase "I AM") Perfect.

d. "I AM" — Perfect Life.

e. "I AM" — Perfect Health.

f. "I AM" — Happiness.

g. "I AM" — Success.

All this time you are thinking and speaking from the center.

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8. You may now go forth in the "I AM" consciousness. You can reasonably expect a remarkable change to become manifest in your physical, mental and financial affairs.

Do not allow these rules to worry you. Follow the spirit of them and do it easily.

SUMMARY

1. Gain "Understanding" through reading these lessons.
2. Be faithful with your "Silence."
3. Realize God ("I AM") and you will always desire the right thing.
4. Follow these four rules:
 - a. Know what you want.
 - b. State what you want. State it audibly once in a definite tone of understanding faith, before the "Silence."
 - c. Have your Silence for the realization of the "I AM."
 - d. State that you have your desire in the Substance, after the Silence.

QUESTIONS AND ANSWERS

The following general questions relative to this study are asked and answered for the benefit of the reader:

Q. What are the rules of Demonstration?

A. See "Summary" on page 166.

Q. Of what value is the Silence in demonstrating one's Supply?

A. The "Silence" is of great value as it places one "in tune with the Infinite" and enables one to meet himself. Success is not something to be demonstrated, so much as it is something to be realized. This realization is very vivid in the "Silence." Success "is." Like air it is an established thing and must be accepted as being now. We do not demonstrate air; we first know that it is; then realizing this truth, we simply breathe it. Regardless of all appearances, Success always is. The great thing is to be in tune with it or in harmony with it.

If you were going to play a violin and you were to be accompanied by a pianist, it would be well for you to see that your violin was in tune with the piano. This would result in harmony, where the notes of the violin would seem to melt into the notes of the piano. They would blend into each other.

All through nature there exists a rhythmic harmony. The whole universe being in a state of constant action, vibrates. It is necessary for us to get into this universal rhythm. This is accomplished in the "Silence." When the objective mind is relaxed and resting, the subconscious mind has complete control and being very sensitive, catches the fine vibrations of thought.

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We have become very familiar with the machine; now it is time for us to become better acquainted with the operator — Self. In the “Silence” this acquaintance is made.

Q. Am I to visualize what I want?

A. You need not spend so much time visualizing the thing you want, as you have heretofore. The subconscious mind must have a pattern by which it is to be guided in its creative work, but heretofore we have spent all our time in making patterns for it, forgetting that it must not only be given a pattern but it must be vibrated. Since life is vibration, the higher our thoughts and the more we think of the Invisible, the higher we vibrate the subconscious mind.

Q. Of what practical knowledge is the scientific subject matter presented in these five lessons?

A. I have given the scientific subject matter for the purpose of giving you “understanding/’ I have given you scientific reasons for all my assertions and as you are convinced of a “Universal Mind” — the Allness of Spirit through the elimination of matter and the Omnipresence of Spirit through the elimination of space — you have perfect understanding.

Q. Do I keep suggesting to my subconscious mind the thing I want?

Y. You may suggest to your subconscious mind once a day (not oftener) or you may make one suggestion only, according to your understanding faith. Remember, the more you think of the thing (form), the more you are thinking in low vibrations. Your subconscious mind is a

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faithful servant. It never loses a pattern. Suppose you wanted a dress and you had found a capable modiste. You went to her and explained just what you wanted. You gave her the pattern of the gown. She then said to you, "Now if you will go to the store and purchase the material and trimmings, I shall be glad to make this gown for you, for I have the time." Suppose that instead of procuring the material (vibrations) for her, you brought her another pattern the next morning. What do you think she would say? Something like this — "What made you bring me another pattern (suggestion) ? I never lose anything. I want the material. Bring me that and I shall work."

Do you not see the mistake that we have made in the past?

Q. Please explain your application of the law of vibration to prosperity.

A. Things that are seen are low vibrations; the unseen (abundant Substance) is high vibration. Think God (Life, Light, Love, Mind, Intelligence, Spirit, Substance, Power, Truth, Success — formless) and you are at the threshold of Supply. Your subconscious mind is energized by these high vibrations and works out the pattern. Remember, the subconscious mind objectifies all that it believes and it believes all that you tell it.

Q. Will it be necessary to keep all these rules after the "consciousness" is gained?

A. After the "consciousness" is gained, you will not need any rules. You know that $2 \times 2 = 4$ without consulting the multiplication table — so is it with spiritual laws.

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Q. Do our thoughts and words have as great an influence as you state?

A. Our thoughts are vibrations of Mind; our words are also these vibrations, forming Substance. "Watch and pray" — watch your thoughts and words.

Q. Am I right in saying "mind over matter"?

A. Mind is not over matter. "All is Mind and its infinite Manifestation." Mind (invisible) is high vibration; things (visible) are Mind which appears. H₂O, water and ice are one and the same substance in different forms (rates of vibration). Gas (H₂O) is not over ice; it is ice in a different form. One might also say that ice is gas in a different form.

Q. Do I make Success or realize Success?

A. You realize Success. Success is.

Q. Is it more Substance that I need?

A. It is not more Substance that you need; you have as much as anyone has. It is said that ether is so elastic that a cupful would make a world as large as our planet. Think then of the Substance that surrounds you! You need not more Substance but more consciousness of Substance.

Q. What effect have worry and fear over our demonstrations?

A. Worry and fear "short circuit" us. Do not worry whether the law will work or not. Do your part; then let God (Law) do His.

Franklin Fillmore Farrington - Realizing Prosperity
A Metaphysical Classic from 1923

Q. Would you use denials?

A. Yes, for fifteen minutes each day.

Q. Of what is the subconscious mind in need?

A. The subconscious mind has been well supplied with patterns (suggestions); it now needs to be highly vibrated by thinking of God (the Invisible).

Q. Do things come to one by materialization?

A. Things may come by materialization. Such a demonstration is as possible as ^materialization. This takes place, however, when one is far “along the path.” Through your present understanding, you will be vibrated to people who have the thing you want (house, farm, position, article) or you will vibrate that person to you who wants your house; who wants to fill that position which you offer; who wants your article.

Q. Should one tell of his demonstration?

A. Be careful not to speak of your demonstration. You lower your vibrations and waste energy. Truth proves itself true and does not depend upon your testimony.

Q. How can I best think of Invisibility?

A. You can think of Invisibility through practice. Think of God as Power and as Invisibility — not as a man.

Memorize the following and repeat it several times a day:

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TREATMENT

God is everywhere. Plenty is everywhere. "Everywhere" is all inclusive. God is Spirit; then there is no matter. Spirit is Omnipresence; then there is no space. Spirit is Substance; then there is no lack. God is Life, Light, Love, Mind, Intelligence, Spirit, Power, Truth and Success. There is plenty of God everywhere, for God fills All and is All. "God is All and in All." I have plenty; I know no lack. God is the basis of the Universe and God is Success. Since God is Supply, I AM realizing Prosperity.

"Infinite oneness, Thee I see
revealed In song of bird;
The flower growing at my door;
The happy laughter of the little child;
The star at night; the pebble on the shore;
Each unto each allied, and all to Thee,
Thou tender grand Reality;
Thou art so near; so near."

"Therefore I say unto you, Whatsoever ye desire, when ye pray, believe that ye received them [In Substance] and ye shall have them [in form]."

Franklin Fillmore Farrington - Realizing Prosperity
A Metaphysical Classic from 1923

Metaphysical / Law of Attraction Books

[David Allen - The Power of I AM \(2014\)](#)

[David Allen - The Power of I AM - Volume 2 \(2015\)](#)

[David Allen - The Power of I AM - Volume 3 \(2017\)](#)

[David Allen - The Creative Power of Thought, Man's Greatest Discovery \(2017\)](#)

[David Allen - The Secrets, Mysteries & Powers of The Subconscious Mind \(2017\)](#)

[David Allen - The Money Bible - The Secrets of Attracting Prosperity \(2017\)](#)

[David Allen - The Within Creates The Without: Creating Our Lives By Design: Daily Meditations \(2019\)](#)

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[David Allen - ASKfirmations: Questions That Create Reality \(2018\)](#)

[The Neville Goddard Collection \(All 10 of his books plus 2 Lecture series\) \(2016\)](#)

[Neville Goddard - Your Inner Conversations are Creating Your World \(2015\)](#)

[Neville Goddard - Assumptions Harden Into Facts: The Book \(2016\)](#)

[Neville Goddard - Imagination: The Redemptive Power in Man \(2016\)](#)

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[Neville Goddard - The World is At Your Command - The Very Best of Neville Goddard \(2017\)](#)

[Neville Goddard - Imagining Creates Reality - 365 Mystical Daily Quotes \(2017\)](#)

[Neville Goddard's Interpretation of Scripture \(2018\)](#)

[Neville Goddard - Consciousness, The Giver Of All Gifts \(2019\)](#)

[Neville Goddard - The Wish Fulfilled \(2020\)](#)

[Neville Goddard - The Story Of Jesus Is Persistent Assumption \(2021\)](#)

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Suggested Reading

Robert Collier - "The Secret of the Ages"

Robert Collier - "The Secret of Gold"

Napoleon Hill - "Think and Grow Rich"

Annie Rix Miltz - Prosperity Through the Knowledge and Power of Mind

Joseph Murphy - Your Infinite Power to Be Rich

Anthony Norvell - Money Magnetism - How to Grow Rich Beyond Your Wildest Dreams

Franklyn Hobbs - The Secret of Wealth

Benjamin Franklin - The Way to Wealth

Julia Seton Sears M.D. - The Key to Health, Wealth and Love

Charles Fillmore - Prosperity

John Seaman Garns - Prosperity Plus

Florence Barnard - The Prosperity Book

James Allen - Eight Pillars of Prosperity

Bernard C. Ruggles - Creative Abundance; The Psychology of Ability and Plenty